

**VALUE ADDED COURSE
BROCHURE**

ACADEMIC YEAR

2023-2024

VALUE ADDED COURSES (2023-2024)

BROCHURE & COURSE CONTENT

SI.NO	COURSE CODE	DATE	NAME OF THE VALUE ADDED COURSE
1.	VAC-OBG10	13.05.2024 to 14.05.2024	Entrepreneurship Development
2.	VAC-MSN11	29.04.2024 to 30.04.2024	Energy Healing Therapy
3.	VAC-CHN7	12.4.2024 to 13.4.2024	Pediatric Dental Care
4.	VAC-COHN9	12.02.2024 to 13.2.2024	Ecology Health Care Nursing
5.	VAC-NR3	5.01.2024to 6.1.2024	Data Analysis
6.	VAC- COHN10	8.12.2023 to 9.12.2023	Patient Safety
7.	VAC-CHN8	16.10.2023 to 17.10.2023	Modern Technology In Nursing
8.	VAC-MHN10	22.09.23 to 23.09.2023	Palliative Care
9.	VAC-OBG11	8.8.2023 to 9.8.2023	Conservational Competence

AIM OF THE COURSE

To equip nursing students with the knowledge and skills necessary to integrate ecological principles into health care practices, promoting sustainable health solutions.

OBJECTIVES

1. To provide a comprehensive overview of ecological concepts relevant to health care.
2. To explore the effects of environmental degradation on health outcomes.
3. To discuss strategies for integrating ecological approaches into nursing practice.
4. To engage students in critical thinking about the role of health care in environmental sustainability.
5. To encourage the development of action plans for promoting ecological health initiatives in clinical settings.

LEARNING OUTCOMES:

Upon completion of the course, students will be able to:

- Understand the interconnections between ecology and health care.
- Analyze the impact of environmental factors on patient health.
- Implement sustainable practices in nursing care.
- Advocate for ecological health initiatives within health care settings.
- Evaluate the role of nurses in promoting environmental health.

Target Group : III B.Sc., Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: Mr. K. Dinesh, MBA,

HR Department at NMCH.



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VALUE ADDED COURSE ON ENTREPRENEURSHIP DEVELOPMENT



Date: 13.05.2024 - 14.05.2024 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: Ms. Velangini,
MSc, Nursing Tutor, Dept. of OBG Nursing,
Narayana College of Nursing, Chinthareddypalem, Nellore.

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Dr. B. Anny
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AIM OF THE COURSE

To provide comprehensive knowledge and practical skills in energy healing techniques to enhance nursing practice and promote holistic patient care.

OBJECTIVES

1. Introduce the concept of energy healing and its relevance in nursing.
2. Equip students with various energy healing techniques, including Reiki, chakra balancing, and guided visualization.
3. Explore integration of energy healing into traditional nursing practices for improved patient outcomes.
4. Encourage self-care practices through energy healing techniques to enhance student well-being.
5. Discuss ethical implications and professional responsibilities associated with energy healing in nursing.

LEARNING OUTCOMES:

Upon completion of the course, students will be able to:

- Demonstrate proficiency in at least three energy healing techniques.
- Articulate the benefits of energy healing in patient care and apply techniques in clinical settings.
- Gain a deeper understanding of the mind-body connection and its importance in holistic health.
- Develop self-care routines that incorporate energy healing practices.
- Exhibit understanding of ethical considerations surrounding the use of energy healing in nursing practice.

Target Group : IV B.Sc., Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: **Dr. Anand Reddy**, PProfessor of Psychiatry at Narayana Medical College and Hospital.



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VALUE ADDED COURSE ON ENERGY HEALING THERAPY



Date: 29.04.2024 - 30.04.2024 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: **Mrs. S. Suchitra**,
Asso. Professor, Dept. of Mental Health Nursing,
Narayana College of Nursing, Chinthareddypalem, Nellore.

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AIM OF THE COURSE

To enhance the understanding and practical skills of nursing students in pediatric dental care, focusing on prevention, assessment, and management of oral health in children.

OBJECTIVES

- Understand the key differences between pediatric and adult dental care.
- Be able to evaluate the dental health of children.
- Know how to teach families about preventing dental issues.
- Learn how to address common dental problems in children.
- Develop skills to talk with children and their parents about dental health.
- Be aware of ethical considerations in caring for young patients.

LEARNING OUTCOMES:

By the end of the course, students will be able to:

1. Demonstrate knowledge of pediatric dental anatomy and physiology.
2. Conduct comprehensive dental assessments for pediatric patients.
3. Implement effective preventive strategies to improve children's oral health.
4. Apply appropriate intervention techniques for common pediatric dental problems.
5. Communicate effectively with children and caregivers about dental care and health education.
6. Recognize and address ethical considerations in pediatric dental practice.

Target Group : III B.Sc., Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

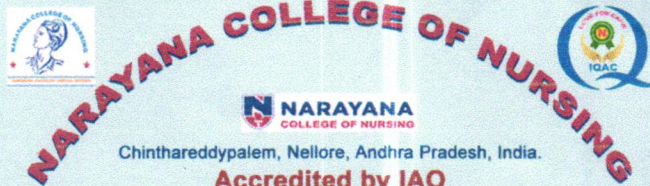
Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: **Dr. Sivakumar Nuvvula**, Professor, Paediatric and preventive dentistry Narayana Dental College and Hospital



VALUE ADDED COURSE ON PEDIATRIC DENTAL CARE



Date: 12.04.2024 - 13.04.2024 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: **Mrs. RT. Girija Rani**,
Asso. Professor, Dept. of Child Health Nursing,
Narayana College of Nursing, Nellore.

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AIM OF THE COURSE

To equip nursing students with the knowledge and skills necessary to integrate ecological principles into health care practices, promoting sustainable health solutions.

OBJECTIVES

1. To provide a comprehensive overview of ecological concepts relevant to health care.
2. To explore the effects of environmental degradation on health outcomes.
3. To discuss strategies for integrating ecological approaches into nursing practice.
4. To engage students in critical thinking about the role of health care in environmental sustainability.
5. To encourage the development of action plans for promoting ecological health initiatives in clinical settings.

LEARNING OUTCOMES:

Upon completion of the course, students will be able to:

- Understand the interconnections between ecology and health care.
- Analyze the impact of environmental factors on patient health.
- Implement sustainable practices in nursing care.
- Advocate for ecological health initiatives within health care settings.
- Evaluate the role of nurses in promoting environmental health.

Target Group : III B.Sc., Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

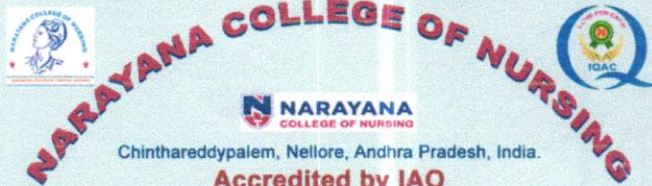
Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: **Dr. C. Jyothi**, Professor in the SPM Department at Narayana Medical College.



VALUE ADDED COURSE ON ECOLOGY HEALTH CARE NURSING



Date: 12.02.2024 - 13.02.2024 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: **Mrs. G. Pavithra**,
Asso. Professor, Dept. of Community Health Nursing,
Narayana College of Nursing, Chinthareddypalem, Nellore.

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AIM OF THE COURSE

To enhance the knowledge and skills of M.Sc. Nursing students in data analysis techniques and their application in healthcare research.

OBJECTIVES

1. To understand the fundamental concepts of data analysis and its importance in healthcare.
2. To familiarize students with various data analysis software and tools.
3. To teach students how to collect, manage, and analyze data effectively.
4. To enable students to interpret data findings and present them clearly.
5. To apply data analysis techniques to real-world healthcare scenarios and research studies.

LEARNING OUTCOMES:

Upon completion of the course, students will be able to:

1. Demonstrate a clear understanding of data analysis concepts and methodologies.
2. Utilize data analysis software to perform statistical analyses relevant to healthcare.
3. Collect and manage data systematically for research purposes.
4. Analyze and interpret data accurately to inform clinical and administrative decision-making.
5. Present data findings effectively in written and oral formats suitable for academic and professional audiences.

Target Group : I Sem B.Sc.(N)

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

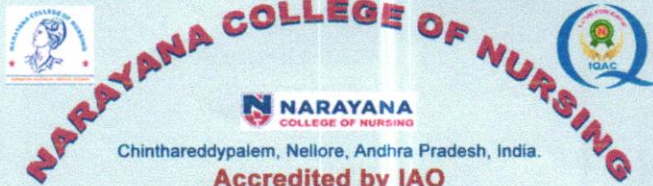
Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: **Dr. Vina Vaswani**, MD, from Yenepoya University, Mangalore,



VALUE ADDED COURSE ON DATA ANALYSIS



Date: 05.01.2024 - 06.01.2024 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: **Mrs. G. Tejavathi**,
Asso. Professor, Dept. of Child Health Nursing,
Narayana College of Nursing, Chinthareddypalem, Nellore.

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AIM OF THE COURSE

To enhance the understanding and application of patient safety principles and practices among nursing students.

OBJECTIVES

1. To identify key concepts and importance of patient safety in healthcare settings.
2. To analyze common risks and safety issues faced in clinical practice.
3. To apply safety protocols and best practices to prevent errors.
4. To develop effective communication skills for promoting patient safety.

LEARNING OUTCOMES:

- ❖ Students will demonstrate knowledge of patient safety principles.
- ❖ Students will identify potential safety risks in clinical environments.
- ❖ Students will implement safety protocols effectively in practice.
- ❖ Students will communicate safety information clearly to patients and healthcare teams

Target Group : PB. B.Sc., Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

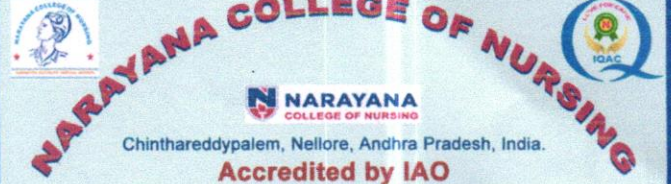
Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: **Mr. Haftom Ghiwot**, Lecturer, College of Health Sciences School of Nursing, Mekelle University, Ethiopia.



VALUE ADDED COURSE ON PATIENT SAFETY



Date: 08.12.2023 - 09.12.2023 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: **Mrs. G. Pavithra**,
Asso. Professor, Dept. of Community Health Nursing,
Narayana College of Nursing, Nellore.

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AIM OF THE COURSE

To equip nursing students with the knowledge and skills necessary to utilize modern technologies in nursing practice, thereby enhancing patient care and health outcomes.

OBJECTIVES

1. To understand the significance of technology in nursing practice.
2. To explore various technological tools and their applications in patient care.
3. To evaluate the impact of technology on nursing education and practice.
4. To develop proficiency in using specific technological tools in clinical settings.
5. To address ethical considerations related to technology in healthcare.

LEARNING OUTCOMES:

By the end of the course, students will be able to:

- Describe the role of modern technology in enhancing nursing care.
- Identify and effectively utilize various technological tools in practice.
- Analyze the benefits and challenges of technology in nursing.
- Apply technological solutions to improve patient outcomes.
- Discuss ethical issues concerning the use of technology in nursing.

Target Group : III Semester B.Sc., Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: **Msr. T. Usha Kiran**, Principal, Rampurhat Nursing Institution.



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Chinthareddypalem, Nellore, Andhra Pradesh, India.
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VALUE ADDED COURSE ON MODERN TECHNOLOGY IN NURSING



Date: 16.10.2023 - 17.10.2023 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: **Mrs. RT. Girija Rani**,
Asso. Professor, Dept. of Child Health Nursing,
Narayana College of Nursing, Nellore.

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Dr. B. S. S. S.
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Dr. B. S. S. S.
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AIM OF THE COURSE

To provide Nursing students with essential knowledge and skills in palliative care to improve the quality of life for patients with serious illnesses.

OBJECTIVES

1. To understand the principles and philosophy of palliative care.
2. To develop effective communication skills for interacting with patients and families.
3. To learn pain management techniques and symptom relief strategies.
4. To identify the psycho-social needs of patients and their families.
5. To explore ethical considerations in palliative care practice.
6. To emphasize the importance of an interdisciplinary approach in palliative care.

LEARNING OUTCOMES:

Upon successful completion of the course, students will be able to:

- ❖ Define palliative care and explain its significance in nursing.
- ❖ Demonstrate effective communication strategies with patients and families.
- ❖ Assess and manage pain and other symptoms in palliative care settings.
- ❖ Provide psycho social support to patients and their families.
- ❖ Navigate ethical dilemmas in palliative care practice
- ❖ Collaborate effectively within an interdisciplinary team

Target Group : III Semester B.Sc., Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: **Mrs. V. Prathima**, Vice Principal, Mallela Ramaiah college of Nursing.



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VALUE ADDED COURSE ON PALLIATIVE CARE



Date: 22.09.2023 - 23.09.2023 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: **Mrs. N. Subhashini**,
Asso. Professor, Dept. of Medical Surgical Nursing,
Narayana College of Nursing, Nellore.

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Dr. Prathima
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AIM OF THE COURSE

To equip participants with the knowledge and skills necessary to understand ecological systems, promote sustainable practices, and effectively engage in conservation efforts within their communities.

OBJECTIVES

1. To provide a solid foundation in ecology and biodiversity.
2. To teach practical conservation techniques and sustainable living practices.
3. To enhance skills in advocacy, community engagement, and environmental policy.
4. To encourage critical analysis of current environmental issues and challenges.

LEARNING OUTCOMES:

By the end of the course, participants will be able to:

1. Explain key ecological concepts and their relevance to conservation efforts.
2. Implement sustainable practices in their daily lives and communities.
3. Advocate effectively for conservation initiatives and policies.
4. Analyze case studies of successful conservation projects and identify best practices.

Target Group : 1 Sem B.Sc.(N)

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

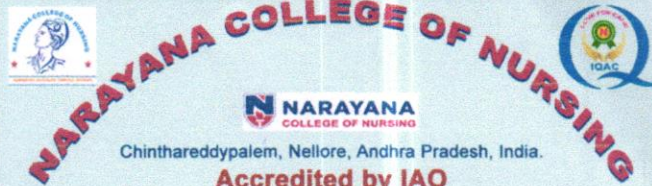
Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

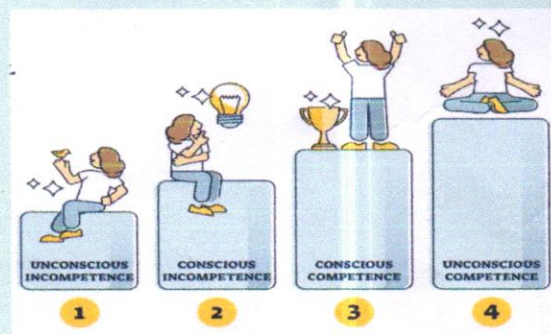
Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: **Dr. S. Ramesh**, Principal of Indira Gandhi School and College of Nursing, Uttar Pradesh.



VALUE ADDED COURSE ON CONVERSATIONAL COMPETENCE



Date: 08.08.2023 - 09.08.2023 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: **Ms. G. Velangini**,
M.Sc (N), Dept. of OBG Nursing,
Nursing Tutor, Narayana College of Nursing, Chinthareddypalem, Nellore.

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Dr. Ramesh
Principal

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VALUE ADDED COURSE

ENTERPRENEURSHIP DEVELOPMENT

DATE: 13.05.2024 TO 14.05.2024

COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2	Understanding Ecology <ul style="list-style-type: none">• Definition and key concepts• Importance of ecology in health care	Lecture cum Discussion
2.	3	The Ecosystem and Health <ul style="list-style-type: none">• Components of an ecosystem• Interconnections between human health and ecological health	Group Discussion
3.	3	Environmental Factors Affecting Health <ul style="list-style-type: none">• Air and water quality• Climate change and its health implications	Lecture cum Discussion
4.	3	Principles of Sustainable Health Care <ul style="list-style-type: none">• Definition and importance• Benefits of sustainable practices	Lecture cum Discussion
5.	2	Implementing Ecological Approaches in Nursing <ul style="list-style-type: none">• Strategies for sustainable nursing practice• Role of nurses in advocating for	Interactive learning

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website: <https://www.narayanannursingcollege.com>



		ecological health	
6.	3	Community Engagement and Advocacy <ul style="list-style-type: none">• Importance of community involvement• Developing and promoting ecological health initiatives	Group discussion

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website: <https://www.narayananursingcollege.com>



VALUE ADDED COURSE

ENERGY HEALING THERAPY

DATE: 29.04.2024 to 30.04.2024

COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2	<input type="checkbox"/> Introduction to Energy Healing <ul style="list-style-type: none">• Overview of energy healing concepts• History and evolution of energy therapies	Lecture cum Discussion
2.	2	Principles of Energy Healing <ul style="list-style-type: none">• Understanding energy fields• The mind-body connection	Lecture cum Discussion
3.	2	Principles of Energy Healing <ul style="list-style-type: none">• Understanding energy fields• The mind-body connection	Lecture cum Discussion
4.	2	Energy Anatomy: Chakras and Meridians <ul style="list-style-type: none">• Introduction to chakras and their significance• Understanding meridians and energy flow	Lecture cum Discussion
5.	3	Emotional and Mental Health <ul style="list-style-type: none">• The role of energy healing in emotional well-being• Techniques for managing stress and	Interactive learning

Dr. B. Arany
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		anxiety	
6.	3	Practical Applications of Energy Healing <ul style="list-style-type: none">• Case studies and real-life applications• Demonstrations of energy healing techniques	Group discussion
7.	2	Ethical Considerations in Energy Healing <ul style="list-style-type: none">• Ethics and boundaries in practice• Professionalism and client relationships	Lecture cum discussion

Dy. B. Anny
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VALUE ADDED COURSE

PEDIATRIC DENTAL CARE

DATE: 12.04.2024 to 13.04.2024

COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2	<input type="checkbox"/> Introduction to Pediatric Dental Care <ul style="list-style-type: none">Importance of oral health in childrenDifferences between pediatric and adult dental care	Lecture cum Discussion
2.	3	Dental Anatomy and Physiology in Children <ul style="list-style-type: none">Development of primary and permanent teethCommon dental issues in children	Group Discussion
3.	3	Assessment Techniques <ul style="list-style-type: none">Dental history takingClinical examination methods	Lecture cum Discussion
4.	3	Preventive Dentistry <ul style="list-style-type: none">Oral hygiene practices for childrenDietary recommendations for dental	Lecture cum Discussion

DYB
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		health	
5.	2	Common Pediatric Dental Problems <ul style="list-style-type: none">• Caries, malocclusion, and other dental issues• Management strategies for common problems	Interactive learning
6.	3	Communication Skills <ul style="list-style-type: none">• Techniques for effective communication with children and parents• Building rapport and trust	Group discussion
7.		Ethical and Legal Considerations <ul style="list-style-type: none">• Informed consent in pediatric dental care• Ethical dilemmas in treatment	Lecture cum discussion

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VALUE ADDED COURSE

ECOLOGY HEALTH CARE NURSING

DATE: 12.02.2024 TO 13.2.2024

COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2	Understanding Ecology <ul style="list-style-type: none">• Definition and key concepts• Importance of ecology in health care	Lecture cum Discussion
2.	3	The Ecosystem and Health <ul style="list-style-type: none">• Components of an ecosystem• Interconnections between human health and ecological health	Group Discussion
3.	3	Environmental Factors Affecting Health <ul style="list-style-type: none">• Air and water quality• Climate change and its health implications	Lecture cum Discussion
4.	3	Principles of Sustainable Health Care <ul style="list-style-type: none">• Definition and importance• Benefits of sustainable practices	Lecture cum Discussion
5.	2	Implementing Ecological Approaches in Nursing <ul style="list-style-type: none">• Strategies for sustainable nursing practice	Interactive learning

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		<ul style="list-style-type: none">• Role of nurses in advocating for ecological health	
6.	3	Community Engagement and Advocacy <ul style="list-style-type: none">• Importance of community involvement• Developing and promoting ecological health initiatives	Group discussion

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VALUE ADDED COURSE ON DATA ANALYSIS

COURSE CODE: VAC-NR3

DATE: 5.01.2024 TO 6.1.2024

COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2 hours	Introduction to Data Analysis <ul style="list-style-type: none">Importance in HealthcareTypes of DataData Collection Methods	Lecture Method
2.	2 hours	Descriptive Statistics <ul style="list-style-type: none">Measures of Central Tendency (Mean, Median, Mode)Measures of Dispersion (Range, Variance, Standard Deviation)	Lecture cum discussion method
3.	2 hours	Data Visualization Techniques <ul style="list-style-type: none">Graphical Representations (Bar Charts, Histograms, Pie Charts)	Group Learning
4.	3 hours	Statistical Software Overview <ul style="list-style-type: none">Introduction to SPSS, R, and Excel for Data Analysis	Discussion
5.	3 hours	Inferential Statistics	Lecture Method

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		<ul style="list-style-type: none">• Hypothesis Testing• Confidence Intervals• Understanding p-Values	
6.	2 hours	Regression Analysis <ul style="list-style-type: none">• Introduction to Simple and Multiple Regression Techniques	Interactive Learning
7.	2 hours	Qualitative Data Analysis <ul style="list-style-type: none">• Techniques for Analyzing Non-Numerical Data• Thematic Analysis	Lecture cum discussion method

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VALUE ADDED COURSE
PATIENT SAFETY (VAC-COHN9)
DATE: 08.12.2023 to 09.12.2023
COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2 hours	Introduction to Patient Safety <ul style="list-style-type: none">Importance of Patient SafetyHistorical Context and Key DefinitionsOverview of Patient Safety Standards and Regulations	Lecture Method
2.	2 hours	Identifying Risks in Healthcare <ul style="list-style-type: none">Common Types of Risks (e.g., medication errors, falls)Risk Assessment Tools and TechniquesRole of Healthcare Professionals in Risk Identification	Lecture cum discussion method
3.	2 hours	Safety Protocols and Best Practices <ul style="list-style-type: none">Overview of Safety ProtocolsBest Practices in Medication AdministrationInfection Control Measures	Group Learning
4.	3 hours	effective Communication for Safety <ul style="list-style-type: none">Communication Models in Healthcare	Discussion

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		<ul style="list-style-type: none">• Strategies for Effective Communication• Handling Difficult Conversations	
5.	3 hours	Analyzing Medication Errors <ul style="list-style-type: none">• Types of Medication Errors• Root Cause Analysis• Strategies for Prevention	Lecture Method
6.	2 hours	Building a Culture of Safety <ul style="list-style-type: none">• Characteristics of a Safety Culture• Encouraging Reporting and Transparency• Teamwork and Collaboration in Safety	Interactive Learning
7.	2 hours	Evaluating Patient Safety Measures <ul style="list-style-type: none">• Safety Audits and Assessments• Key Performance Indicators for Safety• Continuous Improvement Processes	Lecture cum discussion method

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VALUE ADDED COURSE
Modern technology in Nursing (2023-2024)
Course code: VAC-CHN7
DATE: 16.10.2023 to 17.10.2023
Course content

Sl. No	Time	Content	Teaching and Learning Activity
1.	2 hours	Introduction to Modern Technology in Nursing <ul style="list-style-type: none"><input type="checkbox"/> Overview of technological advancements<input type="checkbox"/> Impact on patient care<input type="checkbox"/> Future implications	Lecture and discussion
2.	2 hours	Electronic Health Records (EHR) <ul style="list-style-type: none">• Definition and components• Benefits for healthcare providers• Challenges and solutions	Hands-on training
3.		Telehealth: Concepts and Practices <ul style="list-style-type: none">• Types of telehealth services• Implementation strategies• Patient engagement techniques	Role-Playing
4.	3 hours	Remote Patient Monitoring Tools <ul style="list-style-type: none">• Overview of monitoring devices• Data collection and analysis• Integration with care plans	Group Discussion
5.	2 hours	Ethical Considerations in Nursing Technology <ul style="list-style-type: none">• Patient privacy and confidentiality• Informed consent in digital care• Ethical dilemmas in technology use	Lecture cum discussion
6.	2 hours	Nursing Informatics	Group Discussion

Dr. B. Chinnay
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		<ul style="list-style-type: none">• Role and importance in nursing• Data management and analysis• Application of informatics in practice	
7.	3hours	Patient Education through Technology <ul style="list-style-type: none">• Digital tools for patient education• Enhancing health literacy• Strategies for effective communication	Group work
8.	2 hours	Future Trends in Nursing Technology <ul style="list-style-type: none">• Emerging technologies (e.g., AI, IoT)• Impact on nursing practice• Preparing for technological advancements	Lecture cum discussion

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VALUE ADDED COURSE
PALLIATIVE CARE (VAC-MSN11)
DATE: 22.09.2023 to 23.09.2023
COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2 hours	INTRODUCTION TO PALLIATIVE CARE - Definition and history of palliative care - Importance in nursing practice - Differences between palliative care and curative care	Lecture Method
2.	2 hours	PHILOSOPHY AND PRINCIPLES OF PALLIATIVE CARE - Holistic approach to patient care - Focus on quality of life and symptom management - Interdisciplinary team approach	Lecture cum discussion method
3.	2 hours	EFFECTIVE COMMUNICATION IN PALLIATIVE CARE - Building rapport with patients and families - Techniques for difficult conversations - Active listening and empathy in care	Group Learning
4.	3 hours	ASSESSMENT AND MANAGEMENT OF PAIN - Types of pain: acute vs. chronic - Pain assessment tools and techniques - Pharmacological management (opioids, adjuvants)	Discussion

Dr. B. Babu
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VALUE ADDED COURSE CONSERVATIONAL COMPETENCE

DATE: 08.08.2023 to 09.08.2023

COURSE CONTENT

UNIT	HOURS	CONTENT	TEACHING METHOD
I	2	Introduction to Conservation <ul style="list-style-type: none">• What is Conservation?<ul style="list-style-type: none">○ Importance and goals of conservation.○ Overview of global environmental challenges (climate change, habitat loss, etc.).	Lecture cum discussion
II	2	Ecological Principles <ul style="list-style-type: none">• Fundamentals of Ecology<ul style="list-style-type: none">○ Ecosystems and biodiversity.○ Food webs and ecological interactions.• Threats to Biodiversity<ul style="list-style-type: none">○ Endangered species and habitat destruction.	Lecture cum discussion
III	2	Sustainable Practices <ul style="list-style-type: none">• Resource Management<ul style="list-style-type: none">○ Principles of sustainable resource use.○ Renewable vs. non-renewable resources.• Waste Management<ul style="list-style-type: none">○ Recycling, composting, and reducing waste.○ Sustainable consumption patterns.	Lecture Method
IV	2	Conservation Strategies <ul style="list-style-type: none">• Protected Areas<ul style="list-style-type: none">○ Types of protected areas and their significance.	Lecture cum discussion

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		<ul style="list-style-type: none">○ Management practices for conservation areas.• Restoration Ecology<ul style="list-style-type: none">○ Techniques for ecosystem restoration.○ Case studies of successful restoration projects.	
V	2	Policy and Advocacy <ul style="list-style-type: none">• Environmental Laws and Policies<ul style="list-style-type: none">○ Key legislation affecting conservation (e.g., Endangered Species Act).○ Role of international agreements (e.g., Convention on Biological Diversity).• Advocacy Skills<ul style="list-style-type: none">○ How to effectively communicate conservation messages.○ Engaging with stakeholders and policymakers.	Lecture cum discussion
VI	2	Community Engagement <ul style="list-style-type: none">• Working with Local Communities<ul style="list-style-type: none">○ Importance of community involvement in conservation.○ Strategies for building community awareness and participation.• Education and Outreach<ul style="list-style-type: none">○ Developing educational programs and materials.	Lecture Method
VII	2	Fieldwork and Case Studies <ul style="list-style-type: none">• Hands-On Projects<ul style="list-style-type: none">○ Field trips to local conservation sites.○ Participatory projects with community organizations.• Analyzing Case Studies<ul style="list-style-type: none">○ Review and discussion of successful conservation initiatives globally.	Experimental Learning

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VIII	2	Future Challenges <ul style="list-style-type: none">• Climate Change and Conservation<ul style="list-style-type: none">○ Impacts of climate change on ecosystems.○ Strategies for climate resilience in conservation.• Emerging Technologies<ul style="list-style-type: none">○ Role of technology in conservation (GIS, remote sensing).○ Innovations in conservation practices.	Group Discussion
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Dy. Bobbili
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**VALUE ADDED COURSE
BROCHURE**

ACADEMIC YEAR

2022-2023

VALUE ADDED COURSES (2022-2023)

BROCHURE & COURSE CONTENT

SL.NO	COURSE CODE	DATE	NAME OF THE VALUE ADDED COURSE
1.	VAC-MHN9	17.04.2023 to 18.04.2023	Mindfulness And Self-Care
2.	VAC-MSN10	23.1.2023 to 24.1.2023	Disaster And Emergency Management
3.	VAC-OBG9	14.11.2022 to 15.11.2022	Nutrition And Wellness In Pregnancy
4.	VAC-MHN8	10.10.2022 to 11.10.2022	Women's Health Advocacy
5.	VAC-MSN9	15.09.2022 to 16.09.2022	Surgical Standards And Safety
6.	VAC-CHN6	8.8.2022 to 9.8.2022	Bioethics In Patient Care
7.	VAC-NR2	7.07.2022 to 8.07.2022	Translational Research
8.	VAC-COHN8	13.06.2022 to 14.06.2022	Nursing Care For Special Population

AIM OF THE COURSE

To promote the understanding and practice of mindfulness and self-care techniques among nursing students, enhancing their personal well-being and their ability to provide compassionate patient care.

OBJECTIVES

1. To define mindfulness and explore its historical and cultural significance.
2. To teach various mindfulness techniques, including breathing exercises and body scans.
3. To emphasize the importance of self-care and assist students in creating personalized self-care plans.
4. To provide strategies for managing stress using mindfulness practices.
5. To integrate mindfulness into nursing practice to improve patient care and healthcare provider well-being.
6. To foster resilience among nursing students through positive psychology and self-reflection.

LEARNING OUTCOMES:

By the end of this course, students will be able to:

1. Describe the principles and benefits of mindfulness and self-care.
2. Demonstrate mindfulness techniques, including meditation and mindful observation.
3. Create and implement a personalized self-care plan tailored to individual needs.
4. Apply mindfulness-based stress reduction strategies in their personal and professional lives.
5. Incorporate mindfulness practices into nursing care to enhance patient interactions.
6. Identify and apply resilience-building strategies to support their well-being and coping mechanisms.

Target Group : I Semester B.Sc. Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: Mrs. N. Anjani Devi, Associate Professor at Rama College of Nursing, UP.



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VALUE ADDED COURSE ON MINDFULNESS AND SELF-CARE



Date: 17.04.2023 - 18.04.2023 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: Mrs. S. Suchitra,
Asso. Professor, Dept. of Mental Health Nursing,
Narayana College of Nursing, Nellore.

Narayana College of Nursing was established under the aegis of **Dr. Narayana. P.** Founder Narayana Educational Society in the academic year of 2002 - 03. The vision of the college is to provide conducive environment of learner's choice functioning within its scope of practice. The institution is approved by Indian Nursing council and affiliated to Dr. NTR UHS, Vijayawada. It offers undergraduate, Post graduate and Ph.D Programmes for Nurses. Narayana College of Nursing also been marked the best nursing college in south India by IAO in 2018.

Dr. B. Anj
Principal

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A. Sneha
Principal

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AIM OF THE COURSE

To equip nursing students with the knowledge and skills necessary to effectively manage disasters and emergencies within healthcare settings, promoting safety and efficient response strategies.

OBJECTIVES

1. To understand the different types of disasters and their impact on health and safety.
2. To develop and implement effective disaster preparedness plans.
3. To learn the roles and responsibilities of healthcare professionals during a disaster.
4. To apply triage principles and emergency response strategies in crisis situations.
5. To analyze case studies to understand best practices and lessons learned in disaster management.
6. To explore legal and ethical considerations relevant to disaster response.

LEARNING OUTCOMES:

By the end of this course, students will be able to:

1. Identify and classify various types of disasters and their potential effects on communities.
2. Create comprehensive disaster preparedness and response plans tailored to healthcare settings.
3. Demonstrate effective triage and casualty management techniques during emergency situations.
4. Collaborate with healthcare teams and emergency response organizations to coordinate disaster responses.
5. Evaluate real-world case studies to derive practical insights and improve future disaster management practices.
6. Discuss the legal and ethical implications of disaster response and patient care during emergencies.

Target Group : III B.Sc. Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: Dr. C. Jyothi, Professor, Department of SPM, NMCH.



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VALUE ADDED COURSE ON DISASTER AND EMERGENCY MANAGEMENT



Date: 23.01.2023 - 24.01.2023 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: Mrs. N. Subhashini,
Asso. Professor, Dept. of Medical Surgical Nursing,
Narayana College of Nursing, Nellore.

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A. Indira
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AIM OF THE COURSE

To enhance the understanding of nutritional needs and wellness strategies during pregnancy, promoting healthy maternal and fetal outcomes.

OBJECTIVES

1. To identify the key nutritional requirements for pregnant women.
2. To explore the impact of nutrition on fetal development and maternal health.
3. To understand common nutritional deficiencies and their implications during pregnancy.
4. To develop dietary plans that support wellness in pregnancy.
5. To educate students on the importance of lifestyle choices, including physical activity and stress management, in prenatal care.

LEARNING OUTCOMES:

By the end of this course, students will be able to:

1. Assess the nutritional needs of pregnant women based on current dietary guidelines.
2. Design and implement individualized dietary plans that promote health during pregnancy.
3. Recognize and address common nutritional deficiencies and related complications in pregnancy.
4. Advocate for holistic wellness practices, including nutrition, physical activity, and mental health support, during prenatal care.
5. Collaborate effectively with healthcare teams to ensure comprehensive care for pregnant women.

Target Group : III B.Sc. and P.B.B.Sc. Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

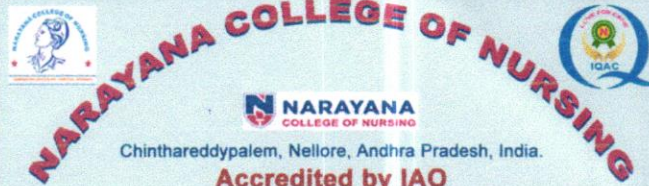
Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: **Mrs. M. Padmaja Madan**, M.Sc. Dietetics and Food Service Management



VALUE ADDED COURSE ON NUTRITION AND WELLNESS IN PREGNANCY



Date: 14.11.2022 - 15.11.2022 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: **Ms. S. Elizabeth Jasmine**,
Asso. Professor, Dept. of Obstetrical and Gynecological Nursing,
Narayana College of Nursing, Nellore.

Narayana College of Nursing was established under the aegis of **Dr. Narayana. P**, Founder Narayana Educational Society in the academic year of 2002 - 03. The vision of the college is to provide conducive environment of learner's choice functioning within its scope of practice. The institution is approved by Indian Nursing council and affiliated to Dr. NTR UHS, Vijayawada. It offers undergraduate, Post graduate and Ph.D Programmes for Nurses. Narayana College of Nursing also been marked the best nursing college in south India by IAO in 2018.

P.V. Bhanu
Principal
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NELLORE - 524 003

A. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

AIM OF THE COURSE

To empower Nursing students with knowledge and skills in women's health advocacy, enabling them to effectively promote and improve health outcomes for women in their communities.

OBJECTIVES

1. To understand critical women's health issues and disparities.
2. To identify and analyze barriers affecting women's health access.
3. To develop practical advocacy skills for community engagement.
4. To raise awareness about women's health rights and needs.
5. To create actionable advocacy plans to address specific issues.

LEARNING OUTCOMES:

By the end of this course, participants will be able to:

1. Identify and explain major health concerns impacting women.
2. Analyze the influence of social determinants on women's health.
3. Design and implement a comprehensive advocacy strategy.
4. Collaborate effectively with local organizations and stakeholders.
5. Assess the effectiveness of advocacy initiatives on women's health.

Target Group : IV B.Sc. Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

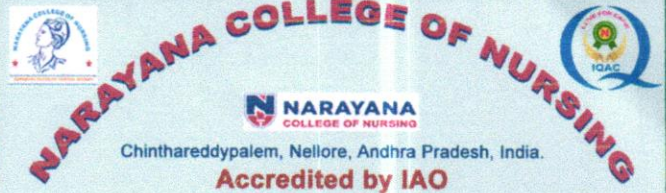
Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: Ms. Jyothirmai, Civil Lawyer



VALUE ADDED COURSE ON WOMEN'S HEALTH ADVOCACY



Date: 10.10.2022 - 11.10.2022 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: Mrs. S. Suchitra,
Asso. Professor, Dept. of Mental Health Nursing,
Narayana College of Nursing, Nellore.

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A. Indira
Principal
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Chinthareddypalem,
NELLORE - 524 003

AIM OF THE COURSE

To enhance the knowledge and skills of healthcare professionals in surgical standards and safety practices, promoting high-quality care and minimizing risks associated with surgical procedures..

OBJECTIVES

1. Familiarize participants with established surgical standards, guidelines, and best practices.
2. Identify strategies to enhance patient safety throughout the surgical process.
3. Evaluate potential risks and develop risk mitigation strategies in surgical settings.
4. Learn infection prevention techniques applicable to surgical procedures.
5. Foster effective communication among surgical team members and with patients.
6. Assess surgical outcomes and understand the importance of continuous quality improvement.

LEARNING OUTCOMES:

By the end of this course, participants will be able to:

1. Articulate key surgical standards and guidelines relevant to their practice.
2. Identify and implement patient safety protocols in surgical settings.
3. Conduct a thorough risk assessment and apply risk management strategies.
4. Employ infection control measures to reduce surgical site infections.
5. Demonstrate effective communication strategies within the surgical team.
6. Analyze surgical outcomes and participate in quality improvement initiative

Target Group : IV B.Sc. Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

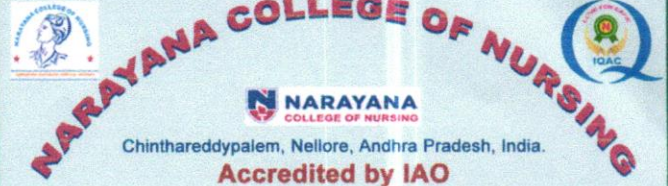
Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: P. Vijayeswari, Professor, Government College of Nursing



VALUE ADDED COURSE ON SURGICAL STANDARDS AND SAFETY



Date: 15.09.2022 - 16.09.2022 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: Mrs. N. Subhashini,
Asso. Professor, Dept. of MedicalSurgical Nursing,
Narayana College of Nursing, Nellore.

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Dr. B. Srinivas
Principal

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Nellore - 524 003

A. Indira
Principal

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Chinthareddypalem,
NELLORE - 524 003

AIM OF THE COURSE

To equip healthcare professionals with the knowledge and skills necessary to navigate ethical dilemmas in patient care, fostering a patient-centered approach that respects autonomy, promotes well-being, and ensures equitable treatment.

OBJECTIVES

1. Grasp the foundational principles of bioethics and their application in clinical settings.
2. Enhance the ability to analyze and resolve ethical dilemmas in patient care.
3. Learn strategies for effective communication that support informed patient choices.
4. Explore ethical considerations surrounding end-of-life care, including palliative options and advance directives.
5. Understand the ethical implications of resource distribution in healthcare and its impact on patient care.
6. Recognize the influence of cultural, social, and personal factors on ethical decision-making.

LEARNING OUTCOMES:

By the end of this course, participants will be able to:

1. Articulate the core principles of bioethics and their relevance to patient care.
2. Identify and analyze ethical dilemmas using a structured approach.
3. Facilitate informed consent discussions with patients and families.
4. Navigate complex end-of-life care decisions with sensitivity and ethical awareness.
5. Evaluate ethical considerations in the allocation of healthcare resources.
6. Demonstrate cultural competence in addressing diverse patient needs and perspectives

Target Group : II B.Sc. Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

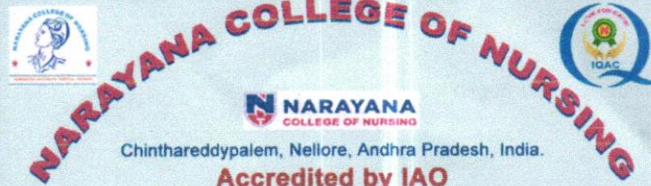
Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: **Dr. M. Chitra Kavitha**, Principal, Sardar Patel College of Nursing.



VALUE ADDED COURSE ON BIOETHICS IN PATIENT CARE



Date: 08.08.2022 - 09.08.2022 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: **Mrs. P. Shanmuga Vadivu**,
Professor, Dept. of Child Health Nursing,
Narayana College of Nursing, Nellore.

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Dr. B. Anji
Principal

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NELLORE - 524 005

A. Srinivasa
Principal

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Chinthareddypalem,
NELLORE - 524 005

AIM OF THE COURSE

To equip participants with the knowledge and skills necessary to conduct translational research that effectively bridges the gap between scientific discoveries and their application in clinical practice and public health.

OBJECTIVES

1. To define translational research and its significance in healthcare and scientific innovation.
2. To explore various research methodologies and approaches used in translational research.
3. To emphasize the importance of collaboration among researchers, clinicians, and stakeholders.
4. To develop skills for implementing research findings in practice and evaluating their impact on health outcomes

LEARNING OUTCOMES:

By the end of the course, participants will be able to:

1. Describe the stages of translational research and its relevance to healthcare improvement.
2. Identify appropriate research methodologies for translational research projects.
3. Collaborate effectively with interdisciplinary teams to address health challenges.
4. Develop strategies for the implementation and evaluation of research findings in clinical settings.

Target Group : III B.Sc., Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

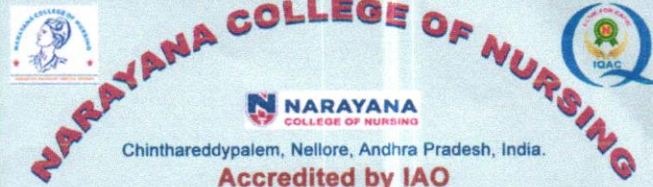
Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

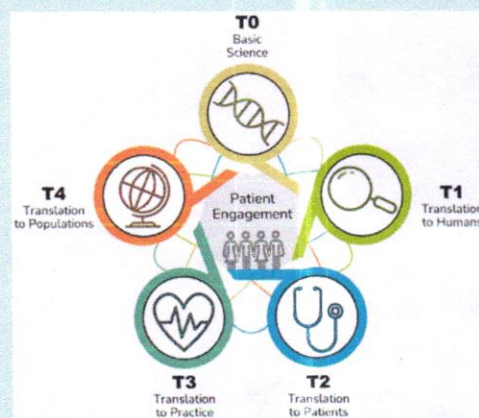
Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: **Dr. Harish**, Asst. Medical Superintendent, NMCH.



VALUE ADDED COURSE ON TRANSLATIONAL RESEARCH



Date: 07.07.2022 - 08.07.2022 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: **Mrs. RT. Girija Rani**,
Asso. Professor, Dept. of Child Health Nursing,
Narayana College of Nursing, Nellore.

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Dr. B. Anurag
Principal

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A. Indira
Principal

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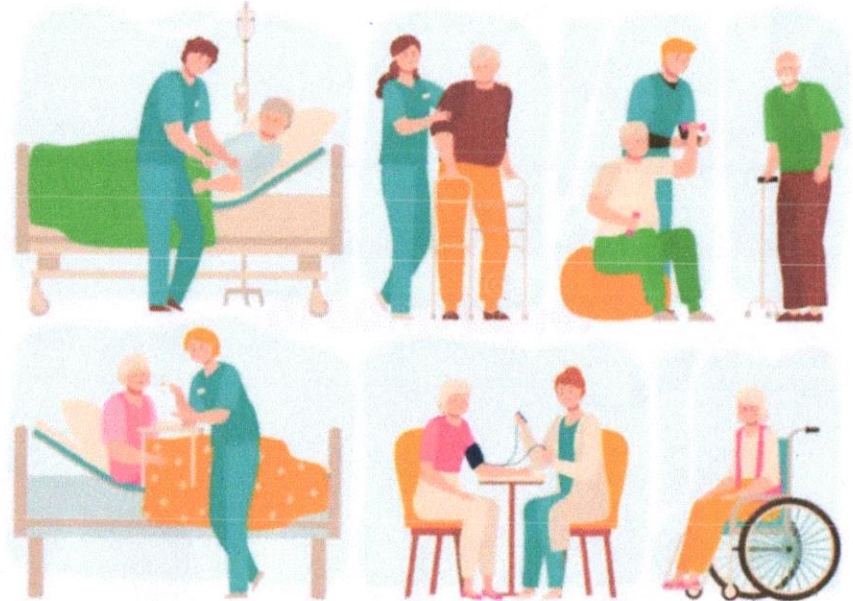


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VALUE ADDED COURSE ON Nursing Care Special Population



Dr. B. Anuj
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Date: 13-06-2022 to 14-06-2022 *A. Sudira*

Time: 09:00 am - 05:00 pm Principal

Venue: III Floor, Auditorium, NEON
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Aim:

To equip nursing professionals with the knowledge and skills to provide effective, culturally competent care to diverse special populations, including but not limited to the elderly, children, individuals with disabilities, and marginalized communities.

Objectives:

1. To identify and understand the physical, emotional, and social needs of various special populations.
2. To develop skills in providing culturally sensitive and patient-centered care.
3. To enhance assessment and intervention strategies specific to the needs of special populations.
4. To promote advocacy for vulnerable groups and understand the social determinants of health.

Learning Outcomes:

By the end of the course, participants will be able to:

1. Describe the unique healthcare needs of special populations.
2. Apply culturally competent care principles in clinical practice.
3. Conduct thorough assessments and implement appropriate nursing interventions.
4. Advocate for the rights and needs of special populations within the healthcare system.

PROGRAM SCHEDULE

DATE	TOPICS	SESSION & DURATION
08/12/2023 (FRIDAY)	Overview of Special Populations	F.N
	Physiological Considerations in Special Populations	(9:00 A.M. to 1:00 P.M.)
	Psychological Aspects of Care	A.N
	Communication Strategies for Special Populations	(2:00 P.M. to 6:00 P.M.)
	Group Discussions on Challenges and Solutions	
09/12/2023 (SATURDAY)	Mental Health Considerations	F.N
	Cultural Competence	(9:00 A.M. to 1:00 P.M.)
	Navigating Resources for Special Populations	A.N (2:00 P.M. to 6:00 P.M.)

Dr. Balaji
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VALUE ADDED COURSE

MINDFULNESS AND SELF-CARE"(VAC-MHN9)

APRIL 17, 2023 TO APRIL 18, 2023

COURSE CONTENT

UNIT	HOURS	CONTENT	TEACHING METHOD
1.	2	Introduction to Mindfulness <ul style="list-style-type: none">Define mindfulness and its key principles.Discuss the benefits of mindfulness for mental health and well-being.Explore the historical and cultural context of mindfulness practices.	Lecture cum discussion
2.	3	Techniques of Mindfulness <ul style="list-style-type: none">Teach breathing exercises for grounding and relaxation.Conduct body scan meditation to enhance body awareness.Practice mindful observation and its applications in daily life.	Group Discussion
3.	3	Self-Care Practices <ul style="list-style-type: none">Highlight the significance of self-care in personal and professional life.Discuss various types of self-care: physical, emotional, social, and spiritual.Guide students in developing a personalized self-care plan.	Lecture Method
4.	3	Stress Management <ul style="list-style-type: none">Explain the effects of stress on health and well-being.Introduce Mindfulness-Based Stress Reduction (MBSR).	Participatory Learning

Dr. B. Anuraj
Principal

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		<ul style="list-style-type: none">• Provide coping strategies to manage stress effectively.	
5.	3	Mindfulness in Nursing Practice <ul style="list-style-type: none">• Discuss the role of mindfulness in enhancing patient care.• Explore the benefits of mindfulness for healthcare providers' well-being.• Present strategies for incorporating mindfulness into nursing practice.	Lecture Method
6.	2	Building Resilience <ul style="list-style-type: none">• Define resilience and its importance in nursing.• Discuss strategies to enhance personal and professional resilience.• Introduce concepts from positive psychology to support emotional well-being.	Group Discussion

A. S. Indu

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D. B. Anjali
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VALUE ADDED COURSE

DISASTER AND EMERGENCY MANAGEMENT

VAC-MSN10

JANUARY 23, 2023 TO JANUARY 24, 2023

COURSE CONTENT

UNIT	HOURS	CONTENT	TEACHING METHOD
1.	2	Introduction to Disaster Management <ul style="list-style-type: none">• Definition of disaster and emergency management• Types of disasters (natural and man-made)• Importance of disaster preparedness in healthcare	Lecture cum discussion
2.	3	Preparedness Planning <ul style="list-style-type: none">• Steps in developing effective emergency plans• Conducting risk assessments for potential disasters• Resource management and logistics	Group Discussion
3.	3	Response Strategies <ul style="list-style-type: none">• Roles and responsibilities of healthcare providers during emergencies• Functioning of emergency response teams• Effective communication during crises	Lecture Method
4.	3	Recovery and Rehabilitation	Participatory Learning

Dr. B. C. Anji
Principal

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		<ul style="list-style-type: none">Processes involved in post-disaster recoveryCommunity support systems and rebuilding effortsLong-term rehabilitation strategies for affected populations	
5.	3	Disaster Response in Healthcare Settings <ul style="list-style-type: none">Principles of triage in mass casualty incidentsManaging casualties and emergency situations in healthcare settingsPreparing hospitals and clinics for disasters	Lecture Method
6.	2	Legal and Ethical Considerations <ul style="list-style-type: none">Policies governing disaster responseEthical dilemmas faced by healthcare professionalsPatient rights during emergencies	Group Discussion

A. S. Reddy

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B. B. Reddy
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VALUE ADDED COURSE ON NUTRITION AND WELLNESS IN PREGNANCY (2022-2023)

COURSE CODE: VAC-OBG9

DATE: 14.11.2022 TO 15.11.2022

COURSE CONTENT

UNIT	HOURS	CONTENT	TEACHING METHOD
I.	2	<ul style="list-style-type: none">Nutritional Requirements During Pregnancy: Macronutrients, Micronutrients, and Recommended Dietary Allowances (RDAs)	Lecture cum discussion
II.	2	<ul style="list-style-type: none">Dietary Sources of Essential Nutrients: Food Groups, Importance of Whole Foods, and Supplements vs. Whole Foods	Group Discussion
III.	2	<ul style="list-style-type: none">Common Nutritional Deficiencies: Iron Deficiency Anemia, Folic Acid Deficiency, Calcium, and Vitamin D Deficiency	Lecture Method
IV.	2	<ul style="list-style-type: none">Lifestyle Modifications for Wellness: Physical Activity Recommendations, Stress Management Techniques, and Sleep Hygiene	Participatory Learning
V.	3	<ul style="list-style-type: none">Developing Dietary Plans: Assessing Nutritional Needs, Creating Balanced Meal Plans, and Addressing Special Dietary Needs	Lecture Method

Dr. B. S. Reddy
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VI.	3	<ul style="list-style-type: none">• Impact of Nutrition on Fetal Development: Nutrition's Role in Growth, Effects of Malnutrition, and Hydration	Group Discussion
VII.	2	<ul style="list-style-type: none">• Wellness Strategies and Support Systems: Community Resources, Role of Healthcare Providers, and Self-Care Practices	Self Directed Learning

A. S. S. S. S.

Principal
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DY. B. S. S.

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VALUE-ADDED COURSE

WOMEN'S HEALTH ADVOCACY (VAC-MHN8)

DATE: 10.10.2022 TO 11.10.2022

COURSE CONTENT

UNIT	HOURS	CONTENT	TEACHING METHOD
I.	2	Introduction to Women's Health <ul style="list-style-type: none">• Overview of women's health issues• Historical context of women's health advocacy• Key statistics and data on women's health	Lecture cum discussion
II.	2	Health Disparities and Social Determinants <ul style="list-style-type: none">• Understanding health disparities among women• Social determinants of health (e.g., socioeconomic status, education, culture)• Impact of intersectionality on women's health	Group Discussion
III.	2	Barriers to Healthcare Access <ul style="list-style-type: none">• Identifying barriers faced by women in accessing healthcare• Cultural, economic, and systemic barriers• Strategies to overcome these barriers	Lecture Method
IV.	2	Nursing Role in Advocacy <ul style="list-style-type: none">• The role of nurses as advocates in women's health• Ethical considerations in advocacy• Building trust and rapport with female patients	Participatory Learning
V.	3	Policy and Women's Health <ul style="list-style-type: none">• Overview of health policies affecting women	Lecture Method

Dr. B. S. S. S.
Principal

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		<ul style="list-style-type: none">The role of advocacy in shaping health policy	
VI.	3	Collaboration and Community Engagement <ul style="list-style-type: none">Working with interdisciplinary teamsPartnering with community organizationsStrategies for engaging the community in women's health initiatives	Group Discussion
VII.	2	Future Directions in Women's Health Advocacy <ul style="list-style-type: none">Emerging issues in women's healthInnovations in advocacy and healthcare deliveryContinuing education and professional development in advocacy	Self Directed Learning

A. Indira

Principal

NARAYANA COLLEGE OF NURSING
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NELLORE - 524 003

Dy. R. Anuj
Principal

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VALUE ADDED COURSE
SURGICAL STANDARDS AND SAFETY (VAC-MSN9)
DATE: 15.09.2022 TO 16.09.2022
COURSE CONTENT

UNIT	HOURS	CONTENT	TEACHING METHOD
I	2	Introduction to Surgical Standards <ul style="list-style-type: none">• Overview of surgical standards and guidelines• Regulatory bodies and their roles (e.g., WHO, AORN)	Lecture cum discussion
II	2	Patient Safety in Surgery <ul style="list-style-type: none">• Understanding the surgical safety checklist• Key elements of patient safety in the operating room• Case studies on patient safety incidents	Group Discussion
III	2	Risk Management in Surgery <ul style="list-style-type: none">• Identifying potential surgical risks• Strategies for risk assessment and management• Incident reporting and learning from errors	Lecture Method
IV	2	Infection Control in Surgical Practice <ul style="list-style-type: none">• Principles of asepsis and infection prevention• Standard precautions and their application• Managing surgical site infections (SSI)	Participatory Learning

DY. Bhatnagar
Principal

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V	2	Communication in the Surgical Team <ul style="list-style-type: none">• Importance of clear communication in the OR• Techniques for effective teamwork and collaboration• Patient handoff and post-operative communication	Lecture Method
VI	2	Quality Improvement in Surgical Care <ul style="list-style-type: none">• Measuring surgical outcomes and quality indicators• Tools for quality improvement (e.g., PDCA cycle)• Continuous professional development and education	Group Discussion
VII	2	Legal and Ethical Considerations <ul style="list-style-type: none">• Understanding consent and patient rights in surgery• Ethical dilemmas in surgical practice• Legal implications of surgical errors	Self Directed Learning
VIII	2	Emerging Trends in Surgical Safety <ul style="list-style-type: none">• Technological advancements and their impact on safety• The role of simulation in training surgical teams• Future directions in surgical safety and standards	Participatory Learning

A. S. S. S.

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D. S. S. S.
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VALUE ADDED COURSE
BIOETHICS IN PATIENT CARE
DATE: 8.8.2022 TO 9.8.2022
COURSE CONTENT

UNIT	HOURS	CONTENT	TEACHING METHOD
I	2	Introduction to Bioethics <ul style="list-style-type: none">• Definition and scope of bioethics• Historical context and evolution of bioethical principles	Lecture cum discussion
II	2	Core Principles of Bioethics <ul style="list-style-type: none">• Autonomy• Beneficence• Non-maleficence• Justic	Participatory Learning
III	2	<input type="checkbox"/> Informed Consent <ul style="list-style-type: none">• Importance and legal aspects• Techniques for effective communication• Case studies and role-playing exercises	Lecture Method
IV	2	<input type="checkbox"/> Ethics in End-of-Life Care <ul style="list-style-type: none">• Palliative care principles• Advance directives and decision-making• Ethical dilemmas: withdrawal of treatment, euthanasia	Group Discussion

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V	2	Resource Allocation and Justice <ul style="list-style-type: none">• Ethical frameworks for resource distribution• Case studies on healthcare disparities• Policy implications and advocacy	Lecture Method
VI	2	Cultural Competence in Bioethics <ul style="list-style-type: none">• Understanding cultural influences on health beliefs and practices• Strategies for culturally sensitive communication• Addressing biases and promoting equity in patient care	Lecture Method
VII	2	<input type="checkbox"/> Case Studies and Practical Applications <ul style="list-style-type: none">• Group discussions on real-world ethical dilemmas• Simulation exercises to practice ethical decision-making• Reflection on personal values and professional responsibilities	Group Discussion
VIII	2	Conclusion and Future Directions <ul style="list-style-type: none">○ Recap of key concepts○ Emerging issues in bioethics○ Continuous professional development in ethical practice	Participatory Learning

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VALUE ADDED COURSE

TRANSLATIONAL RESEARCH (VAC-NR2)

DATE: 07.07.2022 TO 08.07.2022

COURSE CONTENT

UNIT	HOURS	CONTENT	TEACHING METHOD
I	2	Introduction to Translational Research <ul style="list-style-type: none">• What is Translational Research?<ul style="list-style-type: none">○ Definitions and scope.○ Importance in bridging laboratory findings and patient care.	Lecture cum discussion
II	2	Stages of Translational Research <ul style="list-style-type: none">• The Translational Research Spectrum<ul style="list-style-type: none">○ T1: Translation from bench to bedside.○ T2: Translation to clinical practice.○ T3: Translation to public health.○ T4: Outcomes and effectiveness research.	Participatory Learning
III	2	Research Methodologies <ul style="list-style-type: none">• Quantitative vs. Qualitative Approaches<ul style="list-style-type: none">○ Overview of various research designs (clinical trials, cohort studies, etc.).○ Qualitative research methods and their	Lecture Method

Dr. B. S. Srinivas
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		applications in translational research.	
IV	2	Data Management and Analysis <ul style="list-style-type: none">• Collecting and Analyzing Data<ul style="list-style-type: none">○ Best practices in data collection and management.○ Statistical analysis techniques relevant to translational research.	Group Discussion
V	2	Collaboration in Translational Research <ul style="list-style-type: none">• Interdisciplinary Teamwork<ul style="list-style-type: none">○ Importance of collaboration among researchers, clinicians, and stakeholders.○ Strategies for effective communication and team dynamics.	Participatory Learning
VI	2	Implementation Science <ul style="list-style-type: none">• Translating Research into Practice<ul style="list-style-type: none">○ Frameworks for implementing research findings in clinical settings.○ Challenges and barriers to implementation and strategies to overcome them.	Lecture Method
VII	2	Evaluation of Outcomes	Lecture Method

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		<ul style="list-style-type: none">• Assessing the Impact of Translational Research<ul style="list-style-type: none">○ Methods for evaluating the effectiveness of implemented research.○ Using data to inform practice and policy decisions.	
VIII	2	Case Studies and Practical Applications Real-World Examples of Translational Research <ul style="list-style-type: none">○ Review of successful translational research projects.○ Group discussions on lessons learned and best practices.	Group Discussion

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VALUE ADDED COURSE

NURSING CARE FOR SPECIAL POPULATION

13.06.2022 TO 14.06.2022

COURSE CONTENT

UNIT	HOURS	CONTENT	TEACHING METHOD
I	2	Introduction to Special Populations <ul style="list-style-type: none">• Defining Special Populations<ul style="list-style-type: none">○ Overview of special populations in healthcare.○ Importance of addressing unique needs.	Lecture cum discussion
II	2	Aging Population <ul style="list-style-type: none">• Geriatric Care<ul style="list-style-type: none">○ Common health issues in older adults (e.g., chronic diseases, mental health).○ Assessment tools for geriatric patients.○ End-of-life care and palliative options.	Participatory Learning
III	2	Pediatric Population <ul style="list-style-type: none">• Child and Adolescent Health<ul style="list-style-type: none">○ Growth and development milestones.○ Common pediatric illnesses and their management.	Lecture Method

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		<ul style="list-style-type: none">○ Family-centered care approaches.	
IV	2	Individuals with Disabilities <ul style="list-style-type: none">• Understanding Disabilities<ul style="list-style-type: none">○ Types of disabilities (physical, intellectual, sensory).○ Strategies for effective communication and assessment.○ Promoting independence and quality of life.	Self Directed Learning
V	2	Mental Health Considerations <ul style="list-style-type: none">• Mental Health Care for Vulnerable Populations<ul style="list-style-type: none">○ Common mental health disorders and their impact.○ Approaches to mental health assessment and intervention.○ Stigma and its effects on care.	Lecture cum discussion
VI	2	Cultural Competence <ul style="list-style-type: none">• Cultural Sensitivity in Nursing<ul style="list-style-type: none">○ Understanding cultural beliefs and practices.	Group Discussion

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		<ul style="list-style-type: none">○ Barriers to care for marginalized populations.○ Strategies for culturally competent communication.	
VII	2	<p>Social Determinants of Health</p> <ul style="list-style-type: none">● Impact of Social Factors on Health<ul style="list-style-type: none">○ Identifying social determinants affecting special populations.○ Understanding the role of socioeconomic status, education, and environment.○ Advocacy strategies for addressing health disparities.	Self Directed Learning
VIII	2	<p>Community Resources and Support</p> <ul style="list-style-type: none">● Navigating Resources for Special Populations<ul style="list-style-type: none">○ Identifying local and national resources for patients and families.○ Collaborating with interdisciplinary teams for comprehensive care.○ Case management and referral processes	Lecture Method

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**VALUE ADDED COURSE
BROCHURE**

ACADEMIC YEAR

2021-2022

VALUE ADDED COURSES (2021-2022)

BROCHURE & COURSE CONTENT

1.	VAC-OBG8	3.1.2022 to 4.1.2022	Cyber Crime Awareness
2.	VAC-MHN7	17.11.2021 to 18.11.2021	Time Management
3.	VAC- COHN7	12.11.2021 to 13.11.2021	Anti-Microbial Stewardship
4.	VAC-OBG7	21.10.2021 to 22.10.2021	Health Care Quality Management
5.	VAC-CHN5	13.09.2021 to 14.09.2021	Hospice Care
6.	VAC-MSN8	04-08-2021 & 05- 08-2021	Hyperbaric Oxygen Therapy
7.	VAC-CHN4	26.07.2021 & 27.7.2021	Multi System Inflammatory Syndrome In Children
8.	VAC- COHN6	21.06.2021 to 22 .06.2021	Emerging And Re-Emerging Disease

AIM OF THE COURSE

To enhance participants' understanding of cyber crime and equip them with the knowledge and skills to recognize, prevent, and respond to cyber threats in the healthcare sector.

OBJECTIVES

1. To provide a comprehensive overview of various types of cyber crimes and their implications for healthcare.
2. To educate participants on the importance of cybersecurity measures in protecting sensitive patient information.
3. To discuss legal frameworks and ethical considerations surrounding cyber crime.
4. To equip students with practical strategies for preventing cyber threats and responding to incidents.
5. To promote awareness of emerging trends in cyber crime and the evolving nature of digital threats.

LEARNING OUTCOMES:

By the end of the course, participants will be able to:

1. Identify different types of cyber crimes and their impact on healthcare settings.
2. Implement effective cybersecurity measures to safeguard patient data.
3. Understand the legal implications of cyber crime and compliance requirements in healthcare.
4. Develop a response plan for potential cyber incidents in their professional practice.
5. Stay informed about current trends and developments in the field of cybersecurity.

Target Group : I B.Sc. Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: **Dr. M. Sai Jyothsna**, Assistant Professor at the Institute of Health Intelligence and Research



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VALUE ADDED COURSE ON CYBER CRIME AWARENESS



Date: 03.01.2022 - 04.01.2022 || Time : 09:00 am to 06:00 pm

Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: **Mrs. T. Usha Kiran**,
Asso. Professor, Dept. of Obstetrical and Gynecological Nursing,
Narayana College of Nursing, Nellore.

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A. Indira
Principal

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Dr. Babu
Principal
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AIM OF THE COURSE

To equip participants with effective time management skills and techniques to enhance productivity and achieve a balanced approach to their personal and professional lives.

OBJECTIVES

1. To provide an understanding of the principles of time management and its importance in achieving goals.
2. To teach participants how to set SMART (Specific, Measurable, Achievable, Relevant, Time-bound) goals for better focus.
3. To introduce various time management tools and techniques, such as prioritization methods and scheduling strategies.
4. To help participants identify personal time-wasting habits and develop strategies to overcome them.
5. To promote a proactive approach to planning and organization to enhance efficiency and reduce stress.

LEARNING OUTCOMES:

By the end of the course, participants will be able to:

1. Explain the key concepts and importance of effective time management.
2. Set and prioritize SMART goals to improve focus and productivity.
3. Utilize time management tools and techniques to organize tasks and schedules effectively.
4. Recognize and mitigate personal time-wasting behaviors.
5. Develop a personalized time management plan that fosters a healthier work-life balance.

Target Group : II B.Sc Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: Dr. Kareem, Assistant Professor at NMCH



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VALUE ADDED COURSE ON TIME MANAGEMENT



Date: 17.11.2021 - 18.11.2021 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: Mrs. N. Anjani Devi,
Asso. Professor, Dept. of Mental Health Nursing,
Narayana College of Nursing, Nellore.

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A. G. G. G.
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AIM OF THE COURSE

To equip nursing students with the knowledge and skills necessary to promote responsible antimicrobial use and combat antimicrobial resistance in clinical settings.

OBJECTIVES

1. To provide an understanding of the principles and significance of antimicrobial stewardship.
2. To teach guidelines for appropriate antimicrobial prescribing and usage.
3. To enhance knowledge of infection prevention strategies.
4. To develop skills in patient education regarding responsible antimicrobial use.

LEARNING OUTCOMES:

By the end of the course, participants will be able to:

1. Explain the key principles of antimicrobial stewardship and its importance.
2. Apply clinical guidelines for selecting and using antimicrobials appropriately.
3. Implement effective infection control measures in healthcare settings.
4. Educate patients on the responsible use of antimicrobials and the importance of adherence.

Target Group : I B.Sc. Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: **Mr. Venku Reddy**, Director of the Institute of Health Intelligence and Research



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VALUE ADDED COURSE ON ANTIMICROBIAL STEWARDSHIP



Date: 12.11.2021 - 13.11.2021 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: **Mrs. G. Pavithra**,
Asso. Professor, Dept. of Community Health Nursing,
Narayana College of Nursing, Nellore.

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Dr. B. Arun
Principal

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A. Indira
Principal

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AIM OF THE COURSE

To equip participants with the knowledge and skills necessary to implement and enhance quality management practices in healthcare settings, ensuring improved patient care and safety.

OBJECTIVES

1. To provide an understanding of key concepts and principles of healthcare quality management.
2. To explore various quality improvement methodologies and frameworks, such as Six Sigma and Lean.
3. To educate participants on the importance of patient safety and risk management in healthcare.
4. To develop skills in measuring and evaluating healthcare quality metrics.
5. To promote a culture of continuous improvement within healthcare organizations.

LEARNING OUTCOMES:

By the end of the course, participants will be able to:

1. Explain the fundamental concepts of healthcare quality management and its significance.
2. Apply quality improvement methodologies to real-world healthcare scenarios.
3. Identify and assess key quality metrics and indicators in healthcare settings.
4. Implement strategies to enhance patient safety and minimize risks.
5. Advocate for a culture of quality improvement within their organizations, fostering teamwork and collaboration.

Target Group : IV B.Sc. Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: **Dr. Venku Reddy**, Director of the Institute of Health Intelligence and Research



Dr. Babu
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VALUE ADDED COURSE ON HEALTH CARE QUALITY MANAGEMENT



Date: 21.10.2021 - 22.10.2021 || Time : 09:00 am to 06:00 pm
Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: **Mrs. T. Usha Kiran**,
Asso. Professor, Dept. of Obstetrical and Gynecological Nursing,
Narayana College of Nursing, Nellore.

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AIM OF THE COURSE

To enhance participants' understanding of hospice care principles and practices, enabling them to provide compassionate and comprehensive end-of-life care to patients and their families.

OBJECTIVES

1. To define hospice care and its significance in the healthcare continuum.
2. To educate participants on the physical, emotional, and spiritual needs of patients in hospice care.
3. To explore effective communication strategies for discussing end-of-life issues with patients and families.
4. To discuss pain management and symptom control in hospice settings.
5. To promote ethical considerations and cultural sensitivity in providing hospice care.

LEARNING OUTCOMES:

By the end of the course, participants will be able to:

1. Describe the core principles and philosophy of hospice care.
2. Assess the needs of patients and families in hospice settings and develop appropriate care plans.
3. Communicate effectively about end-of-life issues and provide emotional support.
4. Implement pain management strategies and address common symptoms in hospice patients.
5. Recognize and respect the ethical and cultural dimensions of hospice care, ensuring compassionate treatment for diverse populations.

Target Group : III B.Sc. & II PB. B.Sc Nursing

Total allotted hours: 16

Mode of presentation: Lecture cum discussion

Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSON: **Dr. Manjula**, Additional Medical Superintendent



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VALUE ADDED COURSE ON HOSPICE CARE



Date: 13.10.2021 - 14.10.2021 || Time : 09:00 am to 06:00 pm

Venue : II Floor, Smart Class Room, NCON.

COURSE COORDINATOR: **Mrs. P. Shanmuga Vadivu**,
Professor, Dept. of Child Health Nursing,
Narayana College of Nursing, Nellore.

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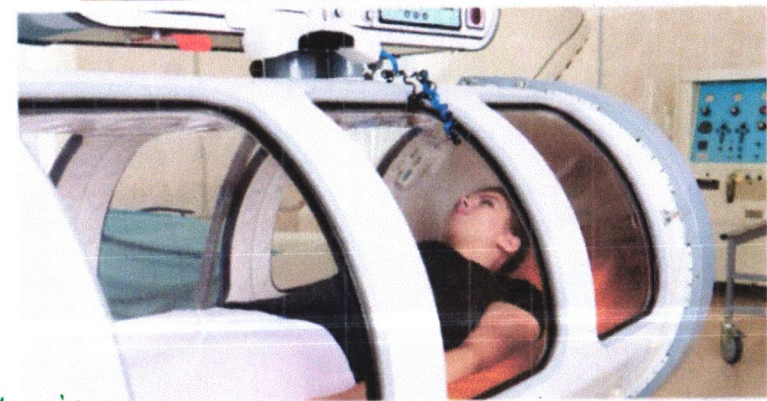
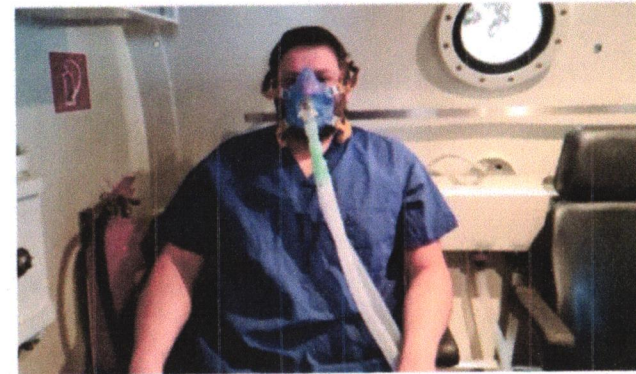


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VALUE ADDED COURSE ON HYPERBARIC OXYGEN THERAPY



Dr. Bahuraj
Principal

Date: 04-08-2021 to 05-08-2021

A. Indira
Principal

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Time: 09:00 am - 05:00 pm

Venue: III Floor, Auditorium, NCON,
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Course Content

1. Introduction to Hyperbaric Oxygen Therapy Definition and history of HBOT Mechanism of action: How oxygen affects the body under pressure Overview of hyperbaric chambers.
2. Indications for Hyperbaric Oxygen Therapy FDA-approved indications (e.g., decompression sickness, carbon monoxide poisoning, chronic non-healing wounds) Off-label uses and emerging evidence Patient selection criteria.
3. Physiological Effects of HBOT Oxygen delivery and diffusion Effects on wound healing and infection Impact on inflammation and immune response.

Course Objectives

1. By the end of this course, participants will be able to:
Understand the Basics of HBOT Explain the principles of hyperbaric oxygen therapy and its physiological effects on the body.
2. Identify Indications and Contra indications List the approved indications for HBOT and recognize contra indications and potential risks.
3. Perform Patient Assessments Conduct thorough pre-treatment assessments to determine patient eligibility for HBOT.
4. Administer HBOT Safely Demonstrate safe administration of hyperbaric oxygen therapy, including monitoring during treatment.

PROGRAM SCHEDULE

<u>Time</u>	<u>Topic</u>	<u>Speaker</u>
09:00-09:30 am	Pre-Test	
09:31-09:50 am	Prayer Song & Welcome Song	
09:51-10:00 am	Welcome address	Ms. R. Kanakalakshmi , Asso. Prof. MSN Department, NCON.
10:01-11:00 am	Introduction	Prof. A. Latha , HOD, MSN Department, NCON.
11:01-11:12 am	Tea Break	
11:13-01:00 am	History and applications	Ms. R. Kanakalakshmi , Asso. Prof. MSN Department, NCON.
01:01-02:00 pm	Lunch Break	
02:01-03:30 pm	Mechanism of Action	Ms. N. Subhashini , Asso. Prof., Dept of MSN
03:31-05:00 pm	Indication and Contraindication and types	Mr. S. Rajesh , II M.Sc (N). NCON.
<u>05-Aug-2021 Second Day</u>		
09:00-11:00 am	Risk Factors, Precaution Advantages and Disadvantages	Prof. Merlin Bose , MSN Department, NCON.
11:01-12:00 pm	Tea Break	
12:01-01:00 pm	Process and Oxygen Therapy for Covid-19	Prof. K. Madhavilatha , MSN Department, NCON.
01:01-02:00 pm	Lunch Break	
02:01-03:00 pm	Symptoms of Oxygen toxicity and complications	Prof. E. Sharumathi , MSN Department, NCON.
03:01-04:00 pm	Role of Nurse	Ms. Meena , II M.Sc (N). NCON.
04:01-05:00 pm	Valedictory Function Feedback, Post test, Certificate Distribution, Vote of Thanks & National Anthem	

Dr. B. Chinnai
Principal

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A. Shobha
Principal

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NELLORE - 524 003

-: Agenda :-

Prayer Song

Welcome Song

Welcome Address

Lamp Lightening

Value Added Course - Presentations

Vote of Thanks

National Anthem

Dr. B. S. S. S.
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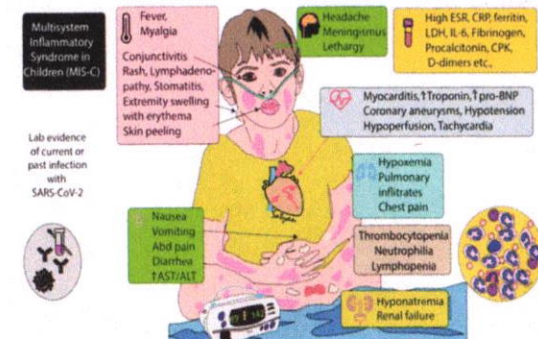
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Brochure

DEPARTMENT OF PEDIATRIC NURSING

Value Added Course on Multisystem inflammatory syndrome in children



Date: 26-07-2021 & 27-07-2021

Time: 08:00 am - 05:00 pm

Venue: Virtual Platform, NCON.

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About Narayana College of Nursing

Introduction: Narayana College of Nursing was established under the aegis of Dr. Narayana. P, by Narayana educational society in the academic year of 2002-03 with the vision of off spring's world class nurses through provision of conducive environment of learner's choice functioning within its scope of practice. The institution is approved by Indian Nursing council and affiliated to Dr. NTR UHS, Vijayawada. It 3 offers undergraduate, Post graduate, Ph.D Scholar programmes for Nursing. Narayana College of Nursing also been recognized for merits like India education excellent award 2014, one among the top 10 promising nursing colleges in India 2017, marked the best nursing college in south India by IAA in 2018, certificates of international accreditation by IAO and Grand jury award by education world in 2019-20.

About the Department

Pediatric Nursing is a specialized area of nursing practice concerned with the care of children from conception to adolescence. The department creates qualified professional nurses with handful of clinical expertise in care of children, critical care and emergency care with medical and surgical disorders.

The department blossomed in the year 2004 for B.sc nursing, 2008 for MSC nursing, 2010 for PBBSC nursing programs with the playful learning experience by students. The Head of the department and the faculties of child health nursing are shrewd enough to educate student nurses to provide skillful, intelligent, critical thinking, need-based comprehensive care to the children and their families in health and illness.

Key Highlights

- ❖ Introduction of Multisystem system inflammatory syndrome
- ❖ Multi System Inflammatory Syndrome on Urinary system
- ❖ Multi System Inflammatory Syndrome on Hepatic system
- ❖ Multi System Inflammatory Syndrome on Respiratory system
- ❖ Multi System Inflammatory Syndrome on Neurological System
- ❖ Multi System Inflammatory Syndrome on Immunology
- ❖ Multi System Inflammatory Syndrome on Cardiovascular system

Certificate distribution

All Registered participants will be provided with "Certificate of Participation"


Dr. Sanyal
 Principal
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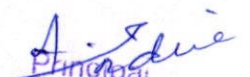
Day - 1

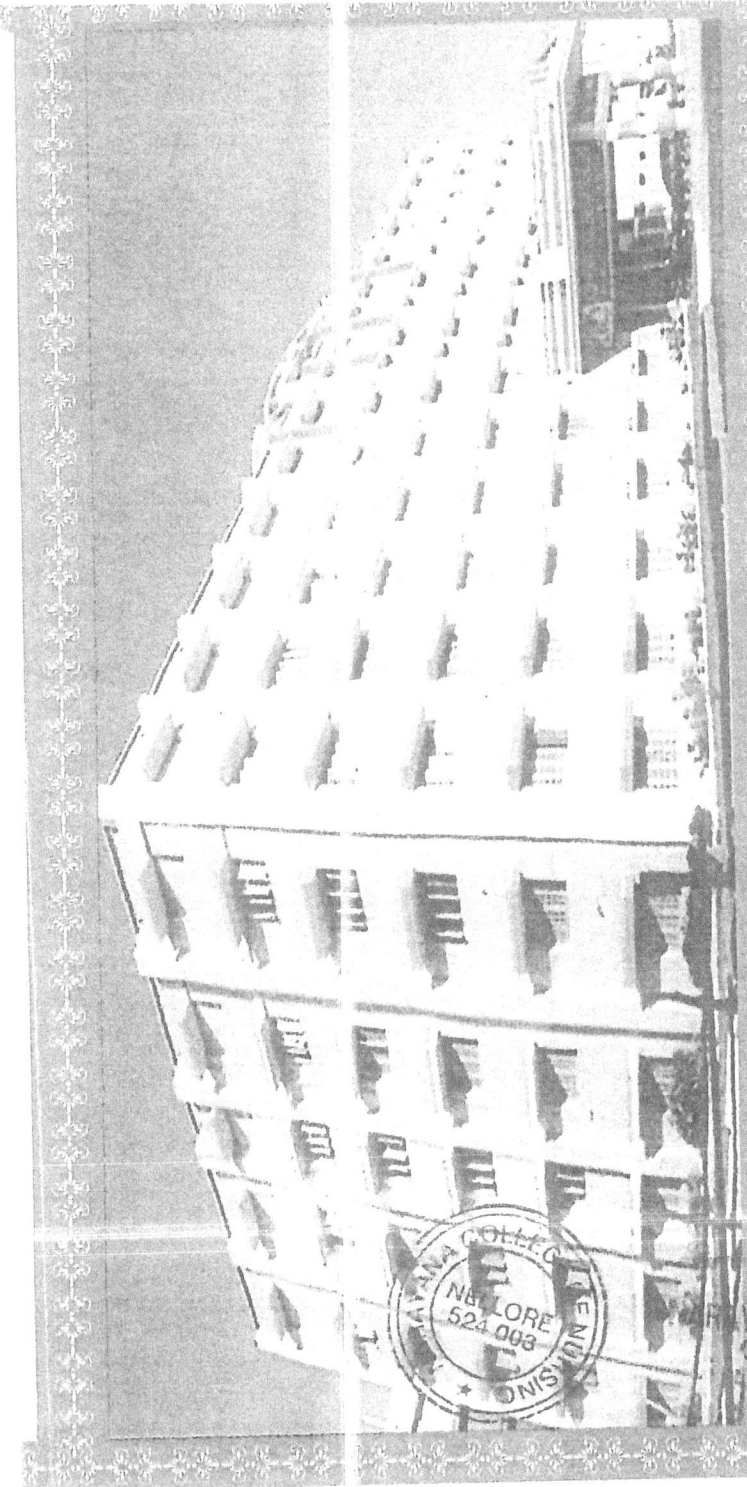
Time	Topic	Speaker
8.00 to 8.10am	Pre test	
8.11 to 8.20am	Prayer song	III year B.Sc (N) students
8.21 to 8.35am	Welcome speech	Ms. RT Girija Rani, Asst.Prof
8.36 to 8.50am	Lamp lighting	Dignitaries
8.51to 9.14am	Introduction	Dr. Indira. A, Principal,
9.15 to 10.15am	TEA BREAK	
10.15to 11.45am	Definition, incidence of Multi System Inflammatory Syndrome	Prof. E. Kannagi Dept of pediatric nursing
11.46to 12.50pm	Multi System Inflammatory Syndrome on Respiratory	Ms. P. Rajani, Asso. Prof. Dept of pediatric nursing
1.00 to 2.00Pm	Lunch Break	
2.05 to 3.05pm	Multi System Inflammatory Syndrome on Urinary system	Ms. Jenni Devi, II Yr. M.Sc
3.06to 4.05pm	Multi System Inflammatory Syndrome on Hepatic system	Ms. Rajamani, II Yr. M.Sc
4.06to 5.00pm	Video game activity	Ms.Girija Rani Asst.Prof,



Day - 2

Time	Topic	Speaker
8.00 to 9.00am	Multi System Inflammatory Syndrome on Cardiovascular system	Ms. RT Girija Rani, Asst. Prof
9.05-10.05am	Multi System Inflammatory Syndrome on Endocrinology system	Prof. P. Shanmugavadivu, HOD, Department of pediatric nursing,
10.6- 10.30am	Tea break	
10.35 -11.45pm	Kawasaki diseases	Ms. A. Shabnam, Asso. Prof.
11.46-12.45pm	Video game activity	
1.00-2.00Pm	Lunch Break	
02.05-3.00pm	Multi System Inflammatory Syndrome on Neurological System	Ms. P. Rajitha, II Yr M.Sc
03.05-4.00pm	Multi System Inflammatory Syndrome on Immunology	Ms. Saroja, II Yr M.Sc
04.05-5.00pm	Valedictory Function - Feed Back, Post test, Certificate Distribution, Vote of Thanks and National Anthem.	


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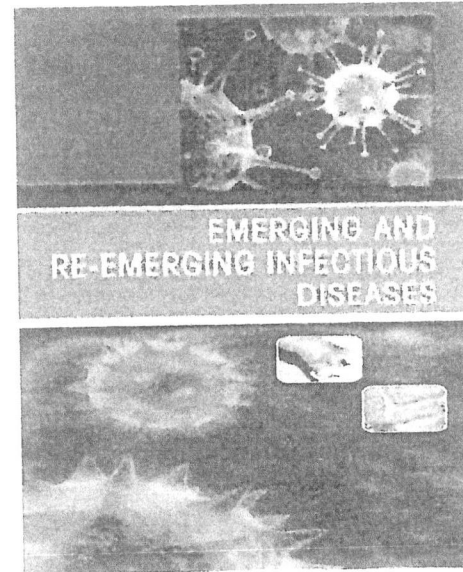
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Brochure

DEPARTMENT OF COMMUNITY HEALTH NURSING

Value Added Course on
Emerging & Re-emerging Diseases



Date: 21-06-2021 & 22-06-2021

Time: 08:00 am - 05:00 pm

Venue: Seminar Hall, NCON.

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Dr. B. B. Reddy
Principal



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About the Department

Community Health Nursing department aim is to prepare the students to identify and solve health problems in the community through innovative teaching methods. Students are trained to actively work together and communicate on health concerns through awareness campaigns, exhibitions, and health education activities held in the villages. It will also prepare the student to teach, manage, and do research in the field of community health nursing

Key Highlights

- ❖ Define emerging and re-emerging disease
- ❖ Significance of emerging and re-emerging disease
- ❖ Causes of emerging and re-emerging disease
- ❖ Factors of emerging and re-emerging disease
- ❖ Transmission of emerging and re-emerging disease
- ❖ Preventive measures for re-emerging disease
- ❖ The role of the national epidemic alert and response system

Certificate distribution

All Registered participants will be awarded with "Certificate of Participation"

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Principal
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Day - 1

08:00-08:10 am	Pre Test	All participants
08:11-08:30 am	Prayer Song	III Year B.Sc (N)
08:31-08:45 am	Welcome Song	III Year B.Sc(N) Students
08:45-09:10 am	Welcome Address	Prof. B. Vanaja Kumari, Dept of Community H N
09:11-09:20 am	Lamp Lighting	All the Dignitaries
09:21-10:20 am	Introduction	Dr. Indira. S, Principal, NCON
	Tea Break	
	Seassion - I	
10:51-11:30 am	Define emerging and re-emerging disease	Prof. B. Vanaja Kumari, Dept of Community H N
11:31-01:00 pm	Significance of emerging and re-emerging disease	Mrs. J. Anusha, Asst. Prof., Dept. of Com H N
	Lunch Break	
	Session - II	
02:00-03:30 pm	Causes of emerging and re-emerging disease	Mrs. K. Kantha, Asso. Prof. Dept of Nursing Research
	Tea Break	
04:00-05:00 pm	Factors of emerging and re-emerging disease	Mrs. J. Anusha, Asst. Prof. Dept of Community H N

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Day - 2

08:00-09:30 am	Transmission of emerging and re-emerging disease	Prof. B. Vanaja Kumari, Dept of Comm H N
	Tea Break	
10:00-12:00 pm	Preventive measures for re-emerging disease	Mrs. J. Anusha, Asst. Prof. Dept of Comm H N
12:01-01:00 pm	International health regulations	Asso. Prof. K. Kantha, Dept of Nursing Research
	Lunch Break	
02:00-03:00 pm	The role of the national epidemic alert and response system	Prof. B. Vanaja Kumari, Dept of Comm H N
03:01-04:00 pm	National surveillance: current situation	Mrs. J. Anusha, Asst. Prof. Dept of Comm H N
	Tea Break	
04:01-05:00 pm	Valedictory Function – Prayer song, Welcome song, Report of the programme, Feed back, Certificate distribution, Post test, Vote of Thanks, National Anthem	

A. Siva
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VALUE ADDED COURSE

CYBER CRIME AWARENESS (VAC-OBG8)

DATE: 03.01.2022 TO 04.01.2022

COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2 hours	Introduction to Cyber Crime <ul style="list-style-type: none">• Definition and overview of cyber crime• Historical context and evolution of cyber threats	Lecture Method
2.	2 hours	Types of Cyber Crimes <ul style="list-style-type: none">• Hacking and data breaches• Phishing and identity theft• Ransomware and malware attacks• Cyber bullying and harassment	Lecture cum discussion method
3.	2 hours	• Impact of Cyber Crime on Healthcare <ul style="list-style-type: none">• Consequences of cyber threats on patient safety and data security• Case studies of cyber incidents in healthcare	Group Learning
4.	3 hours	• Legal Frameworks and Ethical Considerations <ul style="list-style-type: none">• Overview of relevant laws and regulations (e.g., HIPAA, GDPR)• Ethical responsibilities of healthcare professionals regarding data protection	Discussion

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5.	3 hours	Cybersecurity Measures <ul style="list-style-type: none">• Best practices for securing personal and professional information• Tools and technologies for protecting against cyber threats	Lecture Method
6.	2 hours	Incident Response Strategies <ul style="list-style-type: none">• Developing a cyber incident response plan• Steps to take in the event of a cyber attack	Interactive Learning
7.	2 hours	Promoting Cyber Awareness <ul style="list-style-type: none">• Importance of fostering a culture of cybersecurity in healthcare organizations• Strategies for educating colleagues and patients about cyber safety	Lecture cum discussion method

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Dr. B. Anuj

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**VALUE ADDED COURSE
TIME MANAGEMENT
DATE: 17.11.2021 TO 18.11.2021
COURSE CONTENT**

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2 hours	Introduction to Time Management <ul style="list-style-type: none">• Definition and importance of time management• Overview of common time-wasting activities	Lecture Method
2.	2 hours	Setting Goals and Priorities <ul style="list-style-type: none">• Understanding SMART goals (Specific, Measurable, Achievable, Relevant, Time-bound)• Techniques for prioritizing tasks (e.g., Eisenhower Matrix)	Lecture cum discussion method
3.	2 hours	Planning and Scheduling <ul style="list-style-type: none">• Creating effective daily, weekly, and monthly plans• Using calendars and planners for better organization	Group Learning

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4.	3 hours	Time Management Techniques <ul style="list-style-type: none">• Introduction to various techniques (e.g., Pomodoro Technique, time blocking)• Strategies for overcoming procrastination and distractions	Discussion
5.	3 hours	<input type="checkbox"/> Delegation and Collaboration <ul style="list-style-type: none">• Importance of delegation in managing time effectively• Tools and techniques for effective teamwork	Lecture Method
6.	2 hours	Balancing Personal and Professional Life <ul style="list-style-type: none">• Strategies for maintaining a healthy work-life balance• Stress management techniques to enhance productivity	Interactive Learning
7.	1 hour	Monitoring and Evaluating Time Use <ul style="list-style-type: none">• Methods for tracking time and productivity• Analyzing time use to identify areas for improvement	Lecture cum discussion method
8.	1 hour	Overcoming Challenges in Time	Lecture cum discussion method

Dr. B. Anuj
Principal



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		Management <ul style="list-style-type: none">• Identifying personal barriers to effective time management• Strategies for addressing common challenges and interruptions	
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VALUE ADDED COURSE
ANTIMICROBIAL STEWARDSHIP (VAC-COHN7)
DATE: 12.11.2021 TO 13.11.2021
COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2 hours	Introduction to Anti-Microbial Stewardship <ul style="list-style-type: none">• Definition and objectives• Importance in healthcare	Lecture Method
2.	2 hours	<input type="checkbox"/> Understanding Antimicrobial Resistance <ul style="list-style-type: none">• Overview of antimicrobial resistance (AMR)• Factors contributing to AMR• Impact on patient care and public health	Lecture cum discussion method
3.	2 hours	<input type="checkbox"/> Principles of Antimicrobial Use <ul style="list-style-type: none">• Guidelines for appropriate prescribing• Selection of antimicrobials for various infections• Considerations for dosage and duration	Group Learning
4.	3 hours	Infection Control Practices <ul style="list-style-type: none">• Best practices for infection prevention• Role of healthcare professionals in reducing AMR• Importance of vaccinations and hygiene protocols	Discussion
5.	3 hours	Monitoring and Evaluating Antimicrobial Use <ul style="list-style-type: none">• Tracking antibiotic prescriptions and resistance patterns• Assessing the effectiveness of stewardship programs	Lecture Method

Dr. B. Anjali
Principal



6.	2 hours	Role of Healthcare Professionals <ul style="list-style-type: none">Responsibilities of nurses and interdisciplinary teamsEffective communication strategies with patients	Interactive Learning
7.	2 hours	Challenges and Future Directions <ul style="list-style-type: none">Emerging trends in antimicrobial therapiesGlobal initiatives addressing antimicrobial resistance	Lecture cum discussion method

A. Indira

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Dr. B. Anuraj

Principal

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VALUE ADDED COURSE

HEALTH CARE QUALITY MANAGEMENT (VAC-OBG7)

DATE: 21.10.2021 TO 22.10.2021

COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2 hours	Introduction to Health Care Quality Management <ul style="list-style-type: none">• Definition and significance of quality management in healthcare• Historical overview and evolution of quality management	Lecture Method
2.	2 hours	Principles of Quality Management <ul style="list-style-type: none">• Key concepts: quality assurance, quality control, and quality improvement• Quality management frameworks (e.g., Total Quality Management, Six Sigma)	Lecture cum discussion method
3.	2 hours	<input type="checkbox"/> Patient Safety and Risk Management <ul style="list-style-type: none">• Understanding patient safety principles	Group Learning

Dr. B. S. S. S.
Principal



		<ul style="list-style-type: none">Strategies for identifying and mitigating risks in healthcare settings	
4.	3 hours	Quality Improvement Methodologies <ul style="list-style-type: none">Continuous quality improvement (CQI) processesPlan-Do-Study-Act (PDSA) cycles	Discussion
5.	3 hours	<input type="checkbox"/> Performance Measurement and Evaluation <ul style="list-style-type: none">Key performance indicators (KPIs) in healthcareTools for measuring and analyzing quality outcomes	Lecture Method
6.	2 hours	Regulatory and Accreditation Standards <ul style="list-style-type: none">Overview of relevant regulations and standards (e.g., Joint Commission)Impact of accreditation on quality management	Interactive Learning
7.	2 hours	Patient-Centered Care <ul style="list-style-type: none">Importance of involving patients in quality improvement initiativesStrategies for enhancing patient experience and satisfaction	Lecture cum discussion method

A. Indira

Principal
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Dr. B. Chary

Principal
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VALUE ADDED COURSE
HOSPICE CARE (VAC-CHN5)
DATE: 13.09.2021 TO 14.09.2021
COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2 hours	Introduction to Hospice Care <ul style="list-style-type: none">• Definition and philosophy of hospice care• Historical context and evolution	Lecture Method
2.	2 hours	<input type="checkbox"/> Principles of Palliative Care <ul style="list-style-type: none">• Understanding palliative versus curative care• Goals of palliative care	Lecture cum discussion method
3.	2 hours	Pain Management <ul style="list-style-type: none">• Types of pain and assessment tools• Pharmacological and non-pharmacological interventions• Opioids and their management	Group Learning
4.	3 hours	Communication Skills	Discussion



		<ul style="list-style-type: none">• Effective communication with patients and families• Discussing prognosis and end-of-life decisions• Handling difficult conversations	
5.	3 hours	Emotional and Psychological Support <ul style="list-style-type: none">• Addressing emotional needs of patients and families• Grief and bereavement support• Coping strategies for caregivers	Lecture Method
6.	2 hours	Ethical Considerations <ul style="list-style-type: none">• Ethical dilemmas in hospice care• Advance care planning and living wills• Cultural and spiritual considerations	Interactive Learning
7.	1 hours	Interdisciplinary Team Approach <ul style="list-style-type: none">• Roles of healthcare professionals in hospice care• Collaboration and teamwork in providing care• Family involvement in the care process	Lecture cum discussion method

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8.	1 hour	Conclusion and Evaluation <ul style="list-style-type: none">• Summary of key concepts• Course evaluation and feedback	
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Dr. B. Anjali

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VALUE ADDED COURSE
HYPERBARIC OXYGEN THERAPY (VAC-MSN8)
DATE: 04.08.2021 TO 05.08.2021
COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2 hours	Introduction to Hyperbaric Oxygen Therapy <ul style="list-style-type: none">• Definition and principles of HBOT• History and evolution of HBOT in healthcare• Overview of oxygen therapy and its importance in nursing	Lecture Method
2.	2 hours	Indications for HBOT <ul style="list-style-type: none">• Medical conditions treated with HBOT<ul style="list-style-type: none">○ Decompression sickness○ Carbon monoxide poisoning○ Chronic wounds (e.g., diabetic ulcers)○ Radiation tissue injury○ Compromised flaps and grafts	Lecture cum discussion method
3.	2 hours	Physiology of Oxygen and HBOT <ul style="list-style-type: none">• Basic respiratory physiology• Mechanisms of action: How oxygen at high pressure affects the body• Cellular and biochemical responses to hyperoxia	Group Learning
4.	3 hours	HBOT Protocols and Procedures <ul style="list-style-type: none">• Pre-treatment assessment: Patient history and contraindications• Treatment protocols: Duration, pressure settings, and frequency	Discussion



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		<ul style="list-style-type: none">• Safety protocols in the hyperbaric chamber• Patient monitoring: Signs of complications and intervention	
5.	3 hours	Equipment and Safety <ul style="list-style-type: none">• Overview of hyperbaric chamber types (monoplace vs. multiplace)• Safety features and maintenance of equipment• Staff roles and responsibilities during HBOT	Lecture Method
6.	2 hours	Nursing Care and Patient Management <ul style="list-style-type: none">• Patient education about HBOT: What to expect• Emotional support and addressing patient concerns• Monitoring vital signs and response to therapy• Documentation and communication with the healthcare team	Interactive Learning
7.	2 hours	Risks and Complications <ul style="list-style-type: none">• Common side effects of HBOT• Potential complications (e.g., barotrauma, oxygen toxicity)• Emergency protocols and nursing interventions	Lecture cum discussion method

A. S. S. S.

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Principal

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COURSE CONTENT

VALUE ADDED COURSE (2020-2021)

COURSE TITLE : MULTISYSTEM INFLAMMATORY SYNDROME IN CHILDREN

DATE: 26.07.2021 AND 27.07.2021

DURATION: 16 HOURS

OBJECTIVES :

- Introduction of multisystem system inflammatory syndrome
- Explain multi system inflammatory syndrome on urinary system
- Explain multi system inflammatory syndrome on hepatic system
- Explain multi system inflammatory syndrome on respiratory system
- Explain multi system inflammatory syndrome on neurological system

COURSE CONTENT-DAY1

Day-1		
Time	Event	Resource person
8.00am- 8.30 am	Inaguration	Dr.Indira.A M.Sc(N) Principal, Narayana college of Nursing
8.31am-8.40am	Pretest	
8.45am-1pm	Definition, incidence of Multi System Inflammatory Syndrome Multi System Inflammatory Syndrome on Respiratory SYSTEM	Mrs. Kannagi M.Sc(N) Asso.Prof Department of pediatric Narayana college of Nursing
1pm-2 pm	Lunch Break	
2pm-5pm	Multi System Inflammatory Syndrome on Urinary system Multi System Inflammatory Syndrome on Hepatic system Video game activity Post test	Mrs.Rajani M.Sc(N) Asso.Prof Department of pediatric Narayana college of Nursing Ms.Ramanjunamma II Year M.Sc(N) Narayana college of Nursing Ms.Girija rani M.Sc(N) II Year M.Sc(N) Narayana college of Nursing

Dr. B. Anuj
Principal

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NELLORE - 524 003



Principal

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2317966 Extn. 2464
Fax : 0861-2311968

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Recognized by Indian Nursing Council vide letter No. 18-616/2002/nc dated 06.11.2002, Affiliated to NTR University of Health Sciences, A.P. Vijayawada
e-mail : narayana_nursing@yahoo.co.in website : www.narayanannursingcollege.com

		Ms.Jini Devi M.Sc(N) II Year M.Sc(N) Narayana college of Nursing
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COURSE CONTENT-DAY2

Day-2		
Time	Event	Resource person
8.00am- 8.30 am	Inaguration	
8.31am-8.40am	Pretest	
8.45am-1pm	Multi System Inflammatory Syndrome on Cardiovascular system	Mrs.P.Shanmugavadivu, Prof&HOD, Department of pediatric Narayana college of Nursing
	Multi System Inflammatory Syndrome on Endocrinology system Kawasaki diseases	Ms. RT Girija Rani, Asst. Prof Department of pediatrics
	Video game activity	Mrs.Shabnam M.Sc(N) Asso.Prof Narayana college of Nursing
1pm-2 pm	Lunch Break	
2pm-5pm	Multi System Inflammatory Syndrome on Neurological System	Ms.P.Rajitha II M.Sc(N) Narayana college of Nursing
	Multi System Inflammatory Syndrome on Immunology Valedictory Function - Feed Back, Post test, Certificate	Ms.Saroja II M.Sc(N) Narayana college of Nursing
	Distribution, Vote of Thanks and National Anthem. Post Test	

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Principal
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A. S. Sree
Principal
NARAYANA COLLEGE OF NURSING
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COURSE CONTENT

VALUE ADDED COURSE COURSE TITLE

: EMERGING AND REEMERGING DISEASES

DATE: 21.06.2021 and 22.06.2021

OBJECTIVES

- Introduction about Emerging Reemerging Diseases
- Significance of Emerging Reemerging Diseases
- Causes of Emerging Reemerging Diseases
- Factors of Emerging Reemerging Diseases
- Transmission of Emerging Reemerging Diseases
- Preventive measures of Emerging Reemerging Diseases

COURSE CONTENT – DAY1

Time	Event	Resource person
8.00am-8.30 am	Inaguration	Dr.Indira.A M.SC(N) Principal, Narayana college of Nursing Mrs.B. Vanaja kumari M.Sc(N) Prof, Community Health Nursing Department Narayana College of Nursing Mrs.Kntha, M.Sc(N) Asso.Prof & HOD of Community Health Nursing
8.31am-8.40am	Pretest	
8.40am-1pm	<ul style="list-style-type: none"> • Introduction • Meaning and definitions of emerging and re emerging disease • Significance of emerging and emerging disease 	
1pm-2pm	Lunch Break	

B. Arany
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A. Indu

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2pm-5pm	<ul style="list-style-type: none"> • Causes of emerging and re emerging disease • Factors of emerging and re emerging disease 	<p>Department Narayana college of Nursing</p> <p>Mrs.Kalpana Vice Principal & HOD M.Sc(N) Sree Narayana Nursing college</p>
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COURSE CONTENT -DAY2

Time	Event	Resource person
8.00am- 8.30 am	Inaguration	Mrs.B.Vanaja Kumari
8.31am-8.40am	Pretest	M.Sc(N)
8.45am-1pm	Recap of day-1 <ul style="list-style-type: none"> • Transmission of emerging and re emerging disease • Preventive measures for re emerging disease • International health regulations 	Prof, Community Health Nursing Department Narayana college of Nursing Mrs.Kalpana Vice Principal & HOD M.Sc(N) Sree Narayana Nursing college
1pm-2 pm	Lunch Break	Mrs.J.Anusha M.Sc(N)
2pm-5pm	<ul style="list-style-type: none"> • The Role of the National Epidemic Alert and Response System • National surveillance: current situation • Valedictory Function – Prayer song, Welcome song, Report of the programme, Feed back, Certificate distribution, • Post test 	Asst.Prof, Community Health Nursing Department Narayana college of Nursing Mrs.Kantha ,M.Sc(N) Asso.Prof & HOD of Community Health Nursing Department Narayana college of Nursing

B. Anuraj
Principal
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[Signature]
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**VALUE ADDED COURSE
BROCHURE**

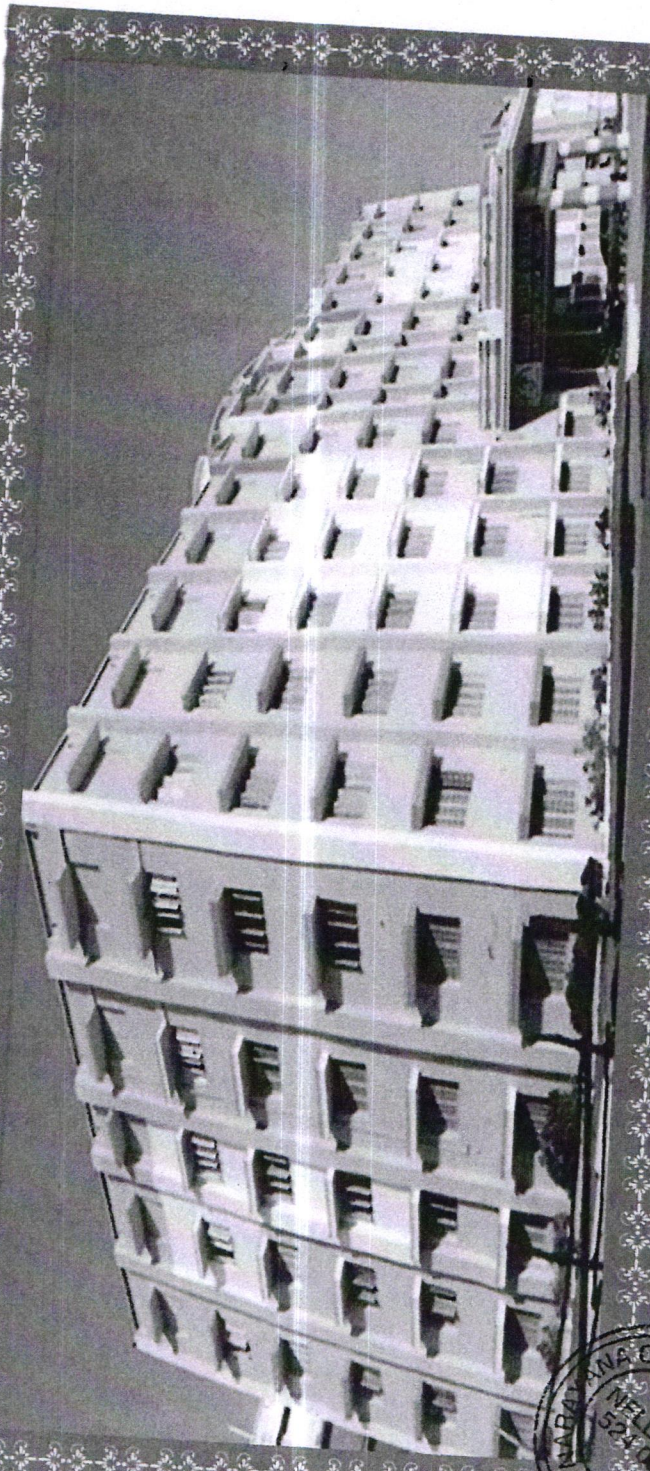
ACADEMIC YEAR

2020-2021

VALUE ADDED COURSES (2020-2021)

BROCHURE & COURSE CONTENT

1.	VAC-MHN6	05.05.2021 to 6.05.2021	Study Skill Training
2.	VAC-OBG6	26.04.2021 to 27.04.2021	Clinical Trials In Obstetrics
3.	VAC-COHN5	16.11.2020 to 17.11.2020	Crisis Intervention And Management
4.	VAC-MSN7	19.10.2020 to 20.10..2020	Digital Health And Remote Care
5.	VAC-NR1	21.09.2020 to 22.09.2020	Drafting A Research Proposal
6.	VAC-MSN6	10.08.2020 to 11.08.2020	Time Planning And Productivity Enhancement
7.	VAC-MSN5	13.07.2020 to 14.07.2020	Trans Cultural Competence In Nursing



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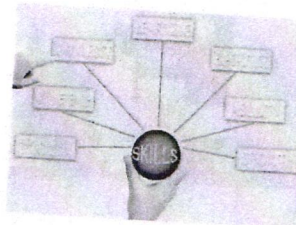
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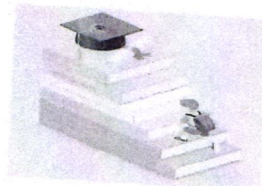
Brochure

DEPARTMENT OF COMMUNITY HEALTH NURSING

Value Added Course on Study Skills Training



EXAMS ?
KEEP CALM
AND
LEARN
STUDY SKILLS



Date: 05-05-2021 & 06-05-2021

Time: 08:00 am - 05:00 pm

Venue: Virtual Platform, *NEON*



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Dr. B. Anjali
Principal

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About Narayana College of Nursing

Introduction: Narayana College of Nursing was established under the aegis of Dr. Narayana. P, by Narayana educational society in the academic year of 2002-03 with the vision of off spring's world class nurses through provision of conducive environment of learner's choice functioning within its scope of practice. The institution is approved by Indian Nursing council and affiliated to Dr. NTR UHS, Vijayawada. It 3 offers undergraduate, Post graduate, Ph.D Scholar programmes for Nursing. Narayana College of Nursing also been recognized for merits like India education excellent award 2014, one among the top 10 promising nursing colleges in India 2017, marked the best nursing college in south India by IAA in 2018, certificates of international accreditation by IAO and Grand jury award by education world in 2019-20.

About the Department

The aim of department is to provide highest quality in mental health care to mentally ill patients by training the nursing students to be outstanding psychiatric nurses, nurse educators and nurse researchers in psychiatric nursing sector who are bound to be culturally sensitive, empathetic, morally, ethically and socially committed to fulfill their career and promote personal growth and well-being. The department has an art infrastructure, well equipped simulation lab, strong team of faculty with diverse specialization in research development offers best teaching learning experiences.

Key Highlights

- ❖ Discuss about student Motivation & Concentration in study skill
- ❖ Explain Procrastination & Memory enhancement in study skill
- ❖ Describe Note taking techniques
- ❖ Explore Speed Reading –SKIM reading in reading skills
- ❖ Illustrate Scanning and SQ3R techniques in reading skills
- ❖ Explicate about Writing Skills in study skill, Listening Skills, Revision Skills and Time Management

Certificate distribution

All Registered participants will be awarded with "Certificate of Participation"

Day - 1

TIME	TOPIC	PRESENTERS
08:00 - 08:10 am	Pre Test	All participants
08:11 - 08:20 am	Prayer Song	
08:21 - 08:30 am	Welcome Song	
08:31 - 08:40 am	Welcome Address	Prof. P.M.Smitha, NCON
08:41 - 08:50 am	Lamp Lighting	All the dignitaries
08:51 - 10:00 am	Introduction	Dr. Indira.S,PhD, Principal, NCON
10:01 - 10:15 am	TEA BREAK	
10:16 - 11:00 am	Motivation & Concentration	Prof. P.M.Smitha, NCON
11:01 - 01:00 pm	Procrastination & Memory enhancement	Dr. Rajeswari. H, Professor &HOD,
	Note taking	Vice Principal, NCON
01:00 - 02:00 pm	LUNCH BREAK	
02:01 - 3:00 pm	Speed Reading –SKIM reading	Prof. P.M.Smitha, NCON
03:01 - 04:00pm	Scanning, SQRRR	Mrs. K. Nathiya, Asst. Prof., NCON.
04:01 - 05:00 pm	Writing Skills	Ms. K.Deepa, Assistant Professor.NCON

Dr. B. S. Srinivas
Principal

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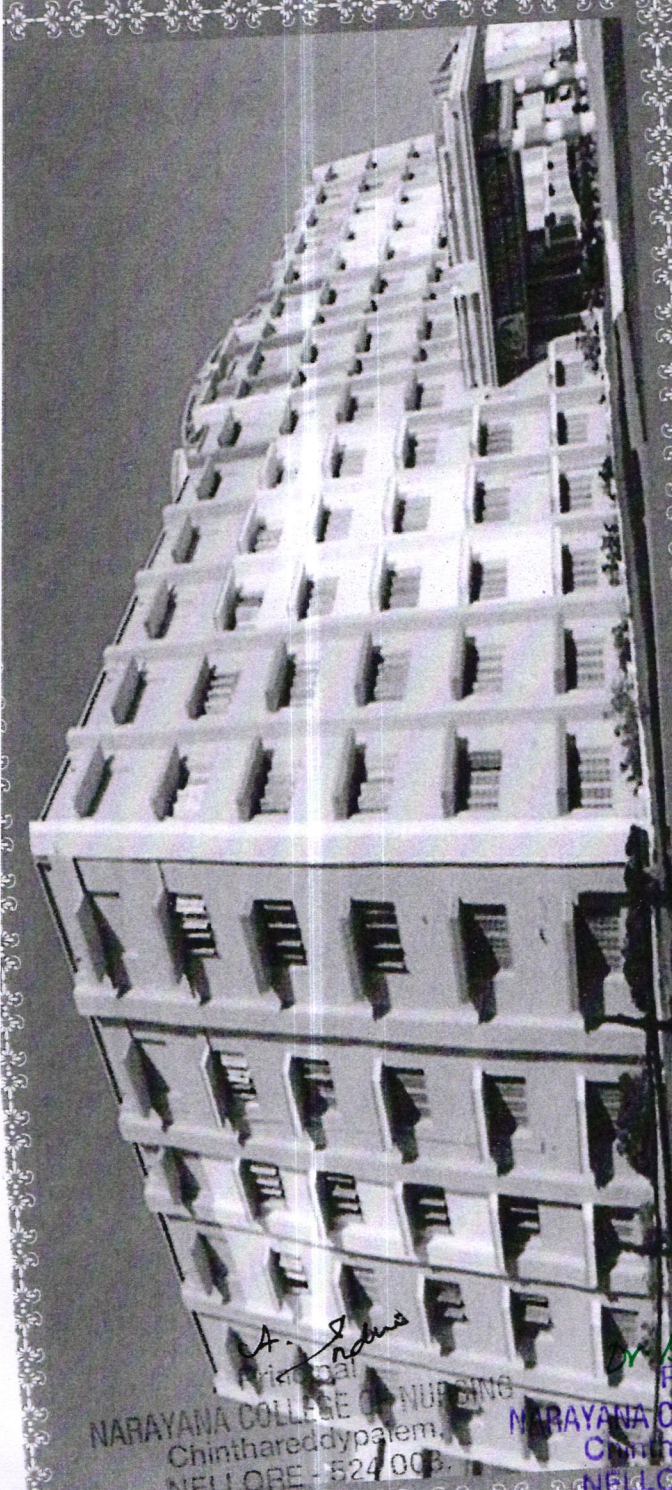


Day - 2

TIME	TOPIC	PRESENTERS
08:00 - 09:30 am	Listening Skills	Mrs. K. Nathiya, Asst. Prof. NCON
09:31 - 09:45am	Tea Break	
09:46 - 11:00 am	Revision Skills	Dr. Rajeswari. H Professor & HOD, Vice Principal, NCON
02:01 - 03:00pm	Time Management	Ms. K.Deepa, Asst Prof., NCON
03:01 - 04:00pm	Study Groups	Mrs. K. Nathiya, Asst. Prof. NCON
04:01 - 04:10 pm	Post Test	
04:11 - 04:20 pm	Tea Break	
04:21 - 05:00pm	Valedictory Function - Prayer Song, Welcome Song, Report of the program, Feedback, Certificate Distribution, Vote of thanks, National Anthem	

A. S. Srinivas
Principal

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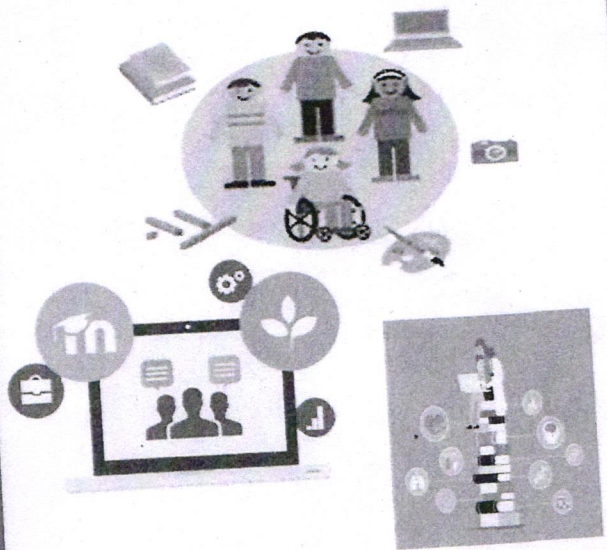
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Brochure

DEPARTMENT OF OBG NURSING

Value Added Course on Clinical Trails In obstetrics



Date: 26-04-2021 & 27-04-2021

Time: 08:00 am - 05:00 pm

Venue: Seminar Hall, NCON.

A. Indira

A. Indira
Principal
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A. Indira
Principal
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About the Department

Obstetric and Gynaecological Nursing Department aim is to focus on the care of women during the child bearing years. It prepares the students with the knowledge, skill and attitude to function as Nurse Midwives and to provide comprehensive care to the normal and high risk mothers during antenatal, intranatal and postnatal period including the care of newborns. The Department has an art infrastructure, well equipped simulation lab; strong team of faculty to offers best teaching learning experiences.

Key Highlights

- ❖ Understand the importance and methods of clinical trials
- ❖ Aware of legal and ethical aspects of clinical trials.
- ❖ Familiar with Robotics surgery in obstetrics.
- ❖ Enumerate the steps and consent of clinical Trials
- ❖ Adopt the clinical trials in PIH & GDM
- ❖ Apply the advantages and disadvantages of clinical trials
- ❖ Know the clinical trials in labour, postpartum, gynecology, family welfare, cancer and fibroids
- ❖ Identify the national and international centers for clinical trials

Certificate distribution

All Registered participants will be awarded with "Certificate of Participation"

Day - 1

Time	Topic	Speaker
08:00-08:15	Pre Test	All Participants
08:15-09:00	Inauguration	
09:00-09:45	Introduction	Dr. Indira. A Principal, NCON
09:45-10:00	Tea Break	
10:00-11:15	Objective and Importance of Clinical Trials on Obstetrics	Prof. V. Kumari HOD, Dept. of OBG
11:15-12:00	Legal and Ethical aspects of Pregnancy	Mrs. T. Usha Kiran Assoc. Professor Dept of OBG
12:00-12:15	Quiz	Dept of OBG
12:15-01:00	Robotics Surgery in obstetrics	Mrs. A. Sujatha Associate Professor
01:00-02:00	Lunch Break	
02:00-02:45	Steps and consent of Clinical Trials	Ms. Sowmy a M.Sc.(N) II Yr
02:45-03:00	Short video session	
03:00 -03:45	Clinical trial in pregnancy, PIH & GDM	Mrs. A. Vijji Prof. of OBG
03:45-04:00	Tea Break	
04:00-04:45	Advantages and disadvantages of clinical trials	Ms. Indira priyadarshini, II Yr. M.Sc.(N)

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Group Activity



Day - 2

Time	Topic	Speaker
08:00-09:00	Recap of content - Day 1	
09:00-10:15	Clinical Trials in Labour Management	Prof. A.Viji Dept. of OBG
10:15-10:30	Tea Break	
10:30-11:15	Clinical trial in postpartum	Mrs. C. Megilin Bose, Professor
11:15-12:00	Clinical trials in gynec and family welfare	Mrs. Usha Kiran Associate Professor
12:00-12:15	Group Activity	
12:15-01:00	Clinical trial in cancer and Fibroids	Ms. Priyadarshini Assistant Professor
01:00-02:00	Lunch Break	
02:00-02:45	National and international centers for clinical trials	Ms. Sowmiya IInd MSc.(N)
02:45-03:15	Group Activity	
03:15-04:00	Clinical trials in family welfare	
04:00-05:00	Valedictory function	

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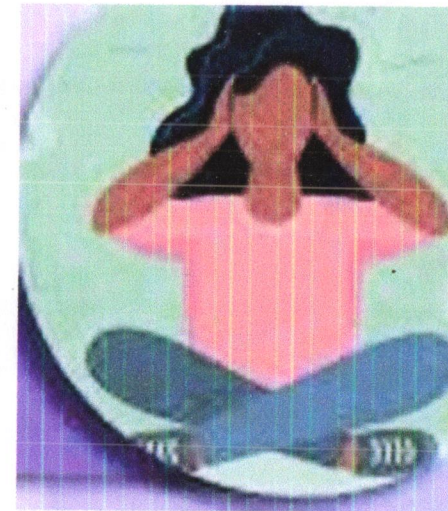


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VALUE ADDED COURSE ON Crisis Intervention and Management



Date: 16-11-2020 to 17-11-2020

Time: 09:00 am - 06:00 pm

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A. Indira
Principal

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Aim: To enhance the understanding and application of crisis intervention and management principles among nursing students.

Objectives:

1. To identify key concepts and significance of crisis intervention in healthcare settings.
2. To analyze common challenges faced during crisis situations in clinical practice.
3. To apply effective crisis management techniques to support patients and families.
4. To develop skills in communication and teamwork during crisis events.

Course Outcomes:

- Students will demonstrate knowledge of crisis intervention principles and strategies.
- Students will identify factors that contribute to crises in healthcare settings.
- Students will implement effective crisis management techniques in clinical scenarios.
- Students will communicate clearly and collaborate with healthcare teams during crises.

Target Group: II PBBSC and III B.Sc. Nursing

Total Allotted Hours: 16

Expert Member: Dr. Harsitha, Assistant Professor, Dept of Psychiatry, Narayana Medical college and Hospital, Nellore.

Evaluation Method: Objective assessment

Grade score:

- 75 % - A
- 61%-75% -B
- 50%-60% -C
- <50% -Fail

PROGRAM SCHEDULE

DATE	TOPICS	SESSION & DURATION
16/11/2020 (MONDAY)	Introduction to Crisis Intervention	F.N
	Understanding Crisis Situations	(9:00 A.M. to 1:00 P.M.)
	Key Concepts in Crisis Management	A.N
	Role of Nurses in Crisis Management	(2:00 P.M. to 6:00 P.M.)
17/11/2020 (TUESDAY)	Effective Communication in Crises	F.N
	Strategies for Crisis Intervention	(9:00 A.M. to 1:00 P.M.)
	Case Studies on Crisis Management	A.N
	Review of Sessions and Feedback	(2:00 P.M. to 6:00 P.M.)

D.V. Reddy
Principal
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A. Saira
Principal
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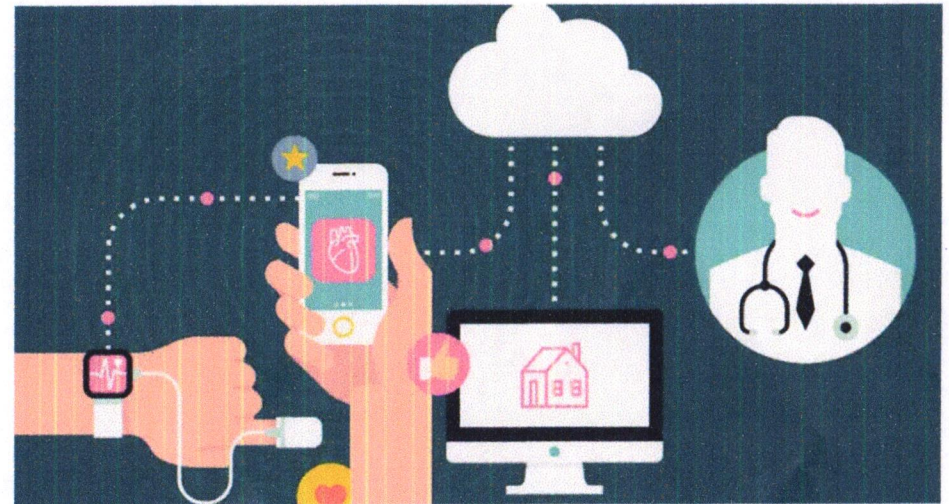


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VALUE ADDED COURSE ON Digital Health and Remote Care



Date: 19-10-2020 to 20-10-2020

Time: 09:00 am - 06:00 pm

Dr. S. Anitha
Principal
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Dr. J. Selva
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
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Aim: To enhance the understanding and application of digital health and remote care principles among nursing students.

Objectives:

1. To identify key components and significance of digital health technologies in patient care.
2. To analyze common challenges and barriers to implementing remote care solutions in healthcare settings.
3. To apply best practices and frameworks for effective digital health interventions.
4. To develop skills in utilizing telehealth tools and assessing their impact on patient outcomes.

Course Outcomes:

- Students will demonstrate knowledge of essential digital health technologies and their applications in nursing practice.
- Students will identify challenges in remote care and propose solutions to overcome them.
- Students will construct a comprehensive plan for implementing digital health interventions.
- Students will effectively present their ideas and proposals for enhancing remote care to peers and faculty.

Target Group: II B.Sc Nursing students.

Total Allotted Hours: 16

Expert Member: Mrs G Vidya Sagar, M.tech, Sree Venkateswara engineering College, Nellore

Evaluation Method: Objective assessment

Grade score:

- 75 % - A
- 61%-75% -B
- 50%-60% -C
- <50% -Fail

PROGRAM SCHEDULE

DATE	TOPICS	SESSION & DURATION
19/10/2020 (MONDAY)	Introduction to Digital Health	F.N
	Importance of Digital Health in Nursing	(9:00 A.M. to 1:00 P.M.)
	Key Technologies in Remote Care	A.N
	Case Studies on Digital Health Applications	(2:00 P.M. to 6:00 P.M.)
20/10/2020 (TUESDAY)	Challenges in Implementing Remote Care	F.N
	Best Practices in Tele health	(9:00 A.M. to 1:00 P.M.)
	Developing Digital Health Strategies	A.N
	Review of Strategies and Feedback	(2:00 P.M. to 6:00 P.M.)

Dr. B. Sagar
Principal

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A. Indira
Principal

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VALUE ADDED COURSE ON Drafting a Research Proposal



Date: 21-09-2020 to 22-09-2020

Time: 09:00 am - 06:00 pm

Venue: III Floor, Auditorium, NCON.

D.V. Reddy
Principal

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NELLORE - 524 003

A. Incha
Principal

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NELLORE - 524 003

Aim: To enhance the understanding and application of research proposal drafting principles among nursing students.

Objectives:

1. To identify key components and significance of a well-structured research proposal.
2. To analyze common challenges faced when drafting research proposals in healthcare settings.
3. To apply research methodologies and frameworks effectively in proposal development.
4. To develop skills in literature review and hypothesis formulation for nursing research.

Course Outcomes:

- Students will demonstrate knowledge of the essential elements of a research proposal.
- Students will identify common pitfalls in research proposal drafting and strategies to avoid them.
- Students will construct a coherent and compelling research proposal relevant to nursing practice.
- Students will present their proposals effectively, communicating their research ideas to peers and faculty.

Target Group: I M.Sc, II M.Sc, I PBBSC, and IV B.Sc Nursing students.

Total Allotted Hours: 16

Expert Member: Dr. P .Nagendra Babu, Professor, HoD, Sree Venkateswara engineering College, Nellore

Evaluation Method: Objective assessment

Grade score:

- 75 % - A
- 61%-75% -B
- 50%-60% -C
- <50% -Fail

PROGRAM SCHEDULE

DATE	TOPICS	SESSION & DURATION
21/09/2020 (MONDAY)	Introduction to Research Proposals	F.N
	Importance of Research Proposals	(9:00 A.M. to 1:00 P.M.)
	Key Components of a Research Proposal	A.N
	Analyzing Existing Proposals	(2:00 P.M. to 6:00 P.M.)
22/09/2020 (TUESDAY)	Common Challenges in Proposal Writing	F.N
	Research Methodologies and Frameworks	(9:00 A.M. to 1:00 P.M.)
	Drafting and Structuring Proposals	A.N
	Review of Proposals and Feedback	(2:00 P.M. to 6:00 P.M.)

Dr. P. Nagendra Babu
Principal
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A. Indira
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VALUE ADDED COURSE ON Time Planning and Productivity Enhancement



Date: 10-08-2020 to 11-08-2020

Time: 09:00 am - 06:00 pm

Venue: III Floor, Auditorium, NCON. *D. S. Indira*
Principal

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Aim: To enhance the understanding and application of time management and productivity principles among nursing students.

Objectives:

1. To identify key concepts and importance of effective time management in healthcare settings.
2. To analyze common time management challenges faced by nursing professionals.
3. To apply time management techniques to improve clinical efficiency.
4. To develop prioritization skills for managing patient care and administrative tasks.

Course Outcomes:

- Students will demonstrate knowledge of time management and productivity principles.
- Students will identify time-wasting factors and their impact on patient care.
- Students will implement effective time management strategies in clinical practice.
- Students will communicate productivity-related information clearly to healthcare teams and stakeholders.

Target Group: I B.Sc. Nursing

Total Allotted Hours: 16

Expert Member: Dr Penchalaiah P, Professor, Narayana Engineering College, Nellore, AP.

Evaluation Method: Objective assessment

Grade score:

- 75 % - A
- 61%-75% -B
- 50%-60% -C
- <50% -Fail

PROGRAM SCHEDULE

DATE	TOPICS	SESSION & DURATION
10/08/2020 (MONDAY)	Introduction to Time Management	F.N
	Importance of Time Management in Nursing	(9:00 A.M. to 1:00 P.M.)
	Common Time Management Challenges	A.N
	Techniques for Prioritizing Tasks	(2:00 P.M. to 6:00 P.M.)
	Assessing Time Management Skills	
11/08/2020 (TUESDAY)	Strategies for Effective Time Management	F.N
	Tools and Techniques for Productivity	(9:00 A.M. to 1:00 P.M.)
	Case Studies on Time Management in Healthcare	A.N (2:00 P.M. to 6:00 P.M.)
	Review of Sessions and Feedback	

Dr. B. S. Srinivas
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

A. Indira
Principal
NARAYANA COLLEGE OF NURSING
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VALUE ADDED COURSE ON Transcultural Competence in Nursing



Date: 13-07-2020 to 14-07-2020

Time: 09:00 am - 06:00 pm

D. Susha
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

A. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Aim: To enhance the understanding and application of transcultural competence principles among nursing students.

Objectives:

1. To identify key concepts and importance of transcultural competence in healthcare settings.
2. To analyze common cultural challenges faced in clinical practice.
3. To apply culturally sensitive approaches to patient care.
4. To develop effective communication skills for interacting with diverse patient populations.

Course Outcomes:

- Students will demonstrate knowledge of transcultural competence principles.
- Students will identify cultural factors that influence patient care.
- Students will implement culturally appropriate care practices effectively.
- Students will communicate cultural information clearly to patients and healthcare teams.

Target Group: II B.Sc. Nursing

Total Allotted Hours: 16

Expert Member: Dr. Amiya Bhumik, College of Nursing , Lincoln university ,Malaysia

Evaluation Method: Objective assessment

Grade score:

- 75 % - A
- 61%-75% -B
- 50%-60% -C
- <50% -Fail

PROGRAM SCHEDULE

DATE	TOPICS	SESSION & DURATION
13/07/2020 (MONDAY)	Introduction to Transcultural Competence	F.N
	Understanding Cultural Diversity	(9:00 A.M. to 1:00 P.M.)
	Cultural Awareness in Patient Care	A.N
	Assessing Cultural Needs of Patients	(2:00 P.M. to 6:00 P.M.)
	Effective Communication Across Cultures	
14/07/2020 (TUESDAY)	Culturally Sensitive Care Practices	F.N
	Case Studies on Cultural Challenges in Nursing	(9:00 A.M. to 1:00 P.M.)
	Strategies for Improving Cultural Competence	A.N
	Review of Sessions and Feedback	(2:00 P.M. to 6:00 P.M.)

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COURSE CONTENT

VALUE ADDED COURSE (2020-2021)

COURSE TITLE : STUDY SKILLS TRAINING

DATE: 05.05.2021 TO 06.05.2021

DURATION: 16 HOURS

OBJECTIVES :

- Discuss about student motivation and concentration in study skill
- Describe procrastination and memory enhancement in study skills
- Describe note taking techniques
- Illustrate scanning and techniques in reading skills
- Explain about writing skills in reading skills and time management
- Explore speed reading –SKIM reading in reading skills

COURSE CONTENT-DAY1

Time	Event	Resource person
8.00am- 8.30 Am	Inaguration	Dr.Indira A, Ph.D., Principal, Narayana college of Nursing
8.31am-8.40am	Pertest	Mrs. P.M.Smitha, Professor. M.Sc(N) Narayana college of Nursing
8.35am-1pm	<ul style="list-style-type: none">• Introduction• Session-Impersonal Management• Motivation & Concentration• Procrastination & Memory Enhancement• Note Taking• Activities• Protocols And Procedure Of Emdr	Dr. Rajeswari. H, Professor HOD, Department of Medical Surgical Nursing Narayana college of Nursing Mrs. V.Jayanthi Principal, M.Sc(N) SreeNarayana nursing College Mrs. P.M.Smitha, Professor, Narayana college of Nursing
1pm-2pm	Lunch Break	

Dr. B. Anurag
Principal
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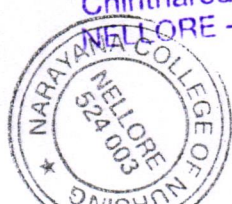
2pm -5.00	<ul style="list-style-type: none"> • Session-II Reading Skills • Speed Reading – Skim Reading • Scanning, • Session III • Writing Skills • Post test 	<p>Mrs. T.Lalitha, Associate Professor, SreeNarayana Nursing College</p> <p>Ms. K.Deepa, Assistant Professor. Narayana college of Nursing</p>
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COURSE CONTENT-DAY2

Time	Event	Resource person
8.00am- 8.30 Am	Inaguration	Mrs. K. Nathiya, Asst. Professor. Narayana college of Nursing
8.31am-8.40am	Pre-test	Mrs. P.M.Smitha, Professor. M.Sc(N) Narayana college of Nursing
8.35am-1pm	<ul style="list-style-type: none"> • Listening Skills • Revision Skills • Academic stressor • Managing stress, Stress Buster • Coping with exam and exam anxiety. 	Dr. Rajeswari. H, Professor HOD, Department of Medical Surgical Nursing Narayana college of Nursing
2pm -5.00 pm	<ul style="list-style-type: none"> • Motivation & Concentration • Procrastination & Memory Enhancement • Note Taking 	Mrs. T.Lalitha, Associate Professor, Sree Narayana Nursing College
	Time Management <ul style="list-style-type: none"> • Study Groups • Post Test • Valedictory Function 	Mrs. P.M.Smitha, Professor, Narayana college of Nursing
		Mrs. T.Lalitha, Associate Professor, SreeNarayana Nursing College
		Ms. K.Deepa, Assistant Professor. Narayana college of Nursing
		Mrs. K. Nathiya, Asst. Professor. Narayana college of Nursing

Dr. B. Anny
Principal

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COURSE CONTENT

VALUE ADDED COURSE (2020-2021)

COURSE TITLE : STUDY SKILLS TRAINING

DATE: 05.05.2021 TO 06.05.2021

DURATION: 16 HOURS

OBJECTIVES :

- Discuss about student motivation and concentration in study skill
- Describe procrastination and memory enhancement in study skills
- Describe note taking techniques
- Illustrate scanning and techniques in reading skills
- Explain about writing skills in reading skills and time management
- Explore speed reading –SKIM reading in reading skills

COURSE CONTENT-DAY1

Time	Event	Resource person
8.00am- 8.30 Am	Inauguration	Dr.Indira A, Ph.D., Principal, Narayana college of Nursing
8.31am-8.40am	Pertest	Mrs. P.M.Smitha, Professor. M.Sc(N) Narayana college of Nursing
8.35am-1pm	<ul style="list-style-type: none"> • Introduction • Session-Impersonal Management • Motivation & Concentration • Procrastination & Memory Enhancement • Note Taking • Activities • Protocols And Procedure Of Emdr 	Dr. Rajeswari. H, Professor HOD, Department of Medical Surgical Nursing Narayana college of Nursing Mrs. V.Jayanthi Principal, M.Sc(N) SreeNarayana nursing College Mrs. P.M.Smitha, Professor, Narayana college of Nursing
1pm-2pm	Lunch Break	

Dr. B. G. Prasad
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COURSE CONTENT

VALUE ADDED COURSE (2020-2021)

COURSE TITLE: CLINICAL TRAILS IN OBSTETRICS

DATE: 26.04.2021 AND 27.04.2021

DURATION: 16 HOURS

OBJECTIVES:

- Enlist the importance and methods of clinical trails
- Enumerate the steps and consent of clinical trails
- Apply the advantages and disadvantages and clinical trails
- Identify the national and international centers for clinical trails

COURSE CONTENT-DAY I

Time	Event	Resource person
8.00am- 8.30 am	Inaguration	Dr. Indira. AM.Sc(N) Principal, Narayana college of Nursing
8.31am-8.40am	Pretest	
8.40am-1pm	<ul style="list-style-type: none"> • Introduction • Importance of trials in obstetrics • Legal and ethical aspects of Clinical trials • Quiz • Robotics surgery in obstetrics 	Mrs. Prof V. Kumari Department of Obstetrics and Gynecology Narayana College of Nursing
1pm-2 pm	Lunch Break	Mrs. Usha Kiran Assoc. Professor Department of Obstetrics and Gynecology Narayana College of Nursing
2pm-5pm	<ul style="list-style-type: none"> • Steps and consent of Clinical Trials • Short Video Session • Clinical trials in pregnancy, PIH & GDM • Short Video Session • Puzzle 	Mrs. Mejlin Bose M.Sc(N) Asso. Prof Narayana college of Nursing Mrs. Vijji. AM.Sc(N) Associ. Prof Department of Obstetrics and Gynecology Narayana college of Nursing

Dr. B. Anny
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	<ul style="list-style-type: none"> • Advantages and disadvantages of clinical trials • Group activity • Post Test 	<p>Ms.Sowmiya , MSc (N) II yr Narayana College of Nursing</p> <p>Ms.Indira Priyadarshini , MSc (N) II yr Narayana College of Nursing</p>
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COURSE CONTENT-DAY2

Time	Event	Resource person
8.00am- 8.30 am	Inaguration	
8.31am-8.40am	Pretest	
8.45am-1pm	<ul style="list-style-type: none"> • Clinical trails in labour • Activity • clinical trials in postpartum • clinical trials in gynecology • Group activity • clinical trials in cancer and fibroids 	<p>Mrs. Viji.AM.Sc(N) Associ.Prof Narayana college of Nursing</p> <p>Mrs.ProfV.Kumari Department of Obstritrics and Gynocology Narayana College of Nursing</p> <p>Mrs.UshaKiranAssoc.Professor Narayana College of Nursing</p>
1pm-2 pm	Lunch Break	
2pm-5pm	<ul style="list-style-type: none"> • National and international centres for clinical trials • Group activity • Clinical trials in family welfare • Valedictory function • Post Test 	<p>Ms.Sowmiya , MSc (N) II yr Narayana College of Nursing</p> <p>Ms.Indira Priyadarshini , MSc (N) II yr Narayana College of Nursing</p>

Dr. B. Anny
Principal

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Value Added Course on
Crisis Intervention and Management (2020-2021)
Course code: VAC-COHN 5
DATE: 16-11-2020 to 17-11-2020

COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1	2 hours	Introduction to Crisis Intervention <ul style="list-style-type: none">• Importance of Crisis Intervention• Key Definitions and Concepts• Overview of Crisis Situations	Lecture Method
2	2 hours	Understanding Crisis Dynamics <ul style="list-style-type: none">• Types of Crises• Psychological Impact of Crises• Role of Healthcare Providers	Lecture cum Discussion Method
3	2 hours	Crisis Assessment and Management <ul style="list-style-type: none">• Assessing Crisis Situations• Developing Crisis Management Plans	Group Learning
4	3 hours	Effective Communication in Crisis <ul style="list-style-type: none">• Barriers to Communication• Strategies for Effective Communication• Role of Active Listening	Discussion



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5	3 hours	Case Studies on Crisis Management <ul style="list-style-type: none">Analyzing Real-World Crisis ScenariosLessons Learned from Past CrisesImplementing Best Practices	Lecture Method
6	2 hours	Strategies for Effective Crisis Response <ul style="list-style-type: none">Self-Care and Resilience BuildingTeam Collaboration in Crisis Situations	Interactive Learning
7	2 hours	Evaluating Crisis Management Effectiveness <ul style="list-style-type: none">Assessment Tools for Crisis ManagementKey Performance Indicators for Success	Lecture cum Discussion Method

A. Indira

Principal

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Dr. B. Anuraj

Principal

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**Value Added Course on Digital Health and Remote Care
(2020-2021)**

Course code: VAC-MSN 7

DATE: 19-10-2020 to 20-10-2020

COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1	2 hours	Introduction to Digital Health • Importance of Digital Health in Nursing • Key Definitions and Concepts • Overview of Digital Health Technologies	Lecture Method
2	2 hours	Understanding Remote Care • Types of Remote Care Solutions • Benefits and Challenges • Role of Nurses in Remote Care	Lecture cum Discussion Method
3	2 hours	Implementing Telehealth • Setting Up Telehealth Services • Assessing Patient Needs	Group Learning
4	3 hours	Best Practices in Digital Health • Strategies for Effective Implementation • Case Studies on Successful Digital Health	Discussion

D. B. Anuj
Principal



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5	3 hours	Challenges in Digital Health Implementation • Identifying Barriers • Strategies to Overcome Challenges	Lecture Method
6	2 hours	Evaluating Digital Health Interventions • Assessment Tools for Effectiveness • Collecting and Analyzing Feedback	Interactive Learning
7	2 hours	Future Trends in Digital Health • Innovations in Remote Care • Preparing for Future Challenges	Lecture cum Discussion Method

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**Value Added Course on Drafting a Research Proposal
(2020-2021)**

Course code: VAC-NR 1

DATE: 21-09-2020 to 22-09-2020

COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1	2 hours	Introduction to Research Proposals <ul style="list-style-type: none">• Importance of Research Proposals• Key Definitions and Concepts• Overview of Proposal Structure	Lecture Method
2	2 hours	Understanding Research Methodologies <ul style="list-style-type: none">• Types of Research Methods• Selecting Appropriate Methodologies• Role of Research in Nursing	Lecture cum Discussion Method
3	2 hours	Developing Research Questions and Hypotheses <ul style="list-style-type: none">• Formulating Research Questions• Creating Hypotheses	Group Learning
4	3 hours	Structuring a Research Proposal <ul style="list-style-type: none">• Components of a Proposal• Writing an Abstract and Introduction	Discussion

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5	3 hours	Common Challenges in Drafting Proposals <ul style="list-style-type: none">• Identifying Common Pitfalls• Strategies to Overcome Challenges	Lecture Method
6	2 hours	Peer Review and Feedback on Proposals <ul style="list-style-type: none">• Conducting Peer Reviews• Incorporating Feedback	Interactive Learning
7	2 hours	Finalizing and Presenting Research Proposals <ul style="list-style-type: none">• Presentation Skills for Proposals• Evaluating Proposal Readiness	Lecture cum Discussion Method

A. Indira

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Dr. B. Anuraj
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**Value Added Course on Time Planning and Productivity Enhancement
(2020-2021)**

Course code: VAC-MSN 6

DATE: 10-08-2020 to 11-08-2020

COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1	2 hours	Introduction to Time Management <ul style="list-style-type: none">• Importance of Time Management in Nursing• Key Definitions and Concepts• Overview of Time Management Techniques	Lecture Method
2	2 hours	Understanding Time Management Challenges <ul style="list-style-type: none">• Common Time Management Pitfalls• Impact of Poor Time Management on Patient Care• Role of Nurses in Effective Time Management	Lecture cum Discussion Method
3	2 hours	Techniques for Prioritizing Tasks <ul style="list-style-type: none">• Setting Priorities: Urgent vs. Important• Creating Daily and Weekly Schedules	Group Learning
4	3 hours	Strategies for Effective Time Management	Discussion

Dr. B. Anurag
Principal



		<ul style="list-style-type: none">• Tools and Apps for Time Management• Overcoming Procrastination	
5	3 hours	Case Studies on Time Management in Healthcare <ul style="list-style-type: none">• Analyzing Real-World Scenarios• Lessons Learned from Time Management Failures	Lecture Method
6	2 hours	Developing a Personal Time Management Plan <ul style="list-style-type: none">• Self-Assessment of Time Management Skills• Setting Goals for Improvement	Interactive Learning
7	2 hours	Evaluating Time Management Effectiveness <ul style="list-style-type: none">• Assessment Tools for Time Management• Key Performance Indicators for Productivity• Continuous Improvement in Time Management Practices	Lecture cum Discussion Method

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Value Added Course
Transcultural Competence in Nursing (2020-2021)
Course code: VAC-MSN 5
DATE: 13-07-2020 to 14-07-2020

COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2 hours	Introduction to Transcultural Competence	Lecture Method
		Importance of Transcultural Competence	
		Key Definitions and Concepts	
		Overview of Cultural Diversity in Healthcare	
2.	2 hours	Understanding Cultural Differences	Lecture cum Discussion Method
		Common Cultural Beliefs and Practices	
		Impact of Culture on Health and Wellness	
		Role of Nurses in Culturally Competent Care	
3.	2 hours	Culturally Sensitive Care Practices	Group Learning
		• Principles of Culturally Competent Care	
		• Best Practices for Diverse Patient Populations	
		• Developing Cultural Care Plans	
4.	3 hours	Effective Communication Across Cultures	Discussion
		• Barriers to Effective Communication	
		• Strategies for Culturally Appropriate Communication	
		• Utilizing Interpreters and Cultural	

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**VALUE ADDED COURSE
BROCHURE**

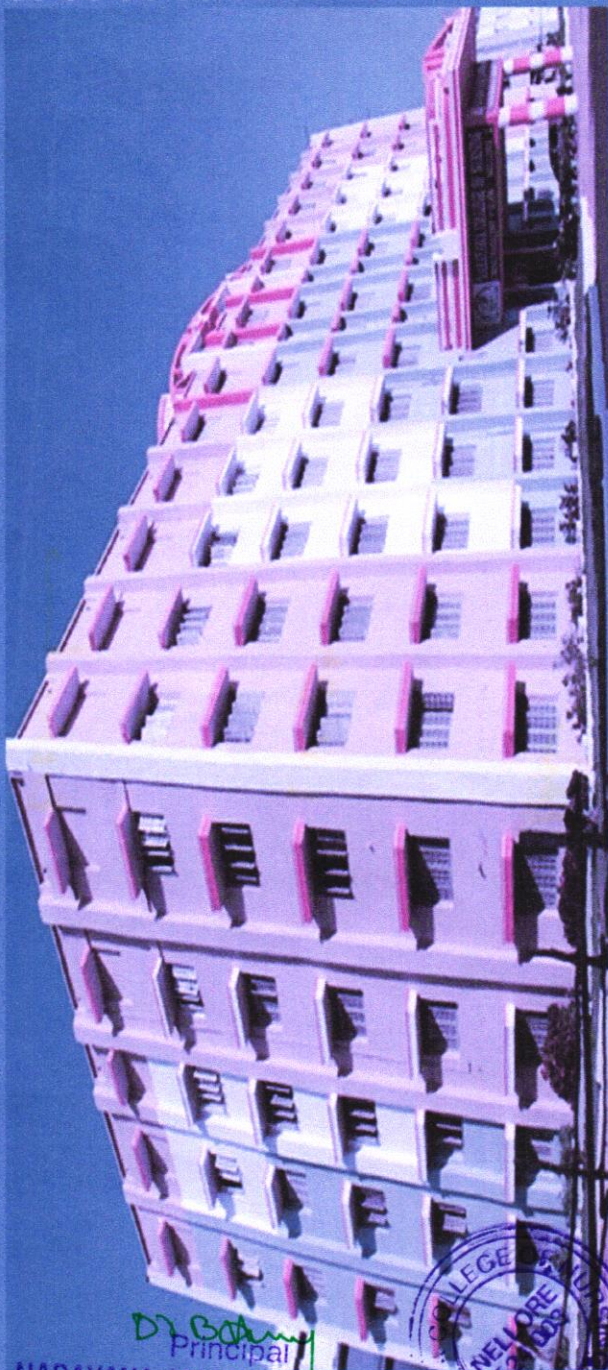
ACADEMIC YEAR

2019-2020

VALUE ADDED COURSES (2019-2020)

BROCHURE & COURSE CONTENT

1.	VAC-OBG5	16.03.20 & 17.03.2020	Emergencies In Clinical Obstetrics
2.	VAC-MHN5	5.02.2020 & 6.02.2020	Innovations In Psychotherapy
3.	VAC-MHN4	18.10.2019 & 19.10.2019	Pain Management In Labor
4.	VAC-MSN4	2.10.2019 & 3.10.2019	Etiquette In Nursing
5.	VAC-CHN3	6.09.2019 &7.09.2019	Drug Administration
6.	VAC-OBG4	26.08.2019 &27.08.2019	Self-Awareness And Wellness Practices
7.	VAC- COHN4	12.07.2019 &13.07.2019	Emotional Awareness
8.	VAC-MSN3	14.06.2019 &15.06.2019	Trauma-Informed Care



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Brochure

DEPARTMENT OF OBG

**Value Added Course on
Emergencies in Clinical Obstetrics**



Date: 16-03-2020 & 17-03-2020

Time: 08:00 am - 05:00 pm

Venue: 3rd Floor Auditorium, NCON.

A. Sree
Principal

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Dr. G. Sree
Principal

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About Narayana College of Nursing

Introduction: Narayana College of Nursing was established under the aegis of Dr. Narayana. P, by Narayana educational society in the academic year of 2002-03 with the vision of off spring's world class nurses through provision of conducive environment of learner's choice functioning within its scope of practice. The institution is approved by Indian Nursing council and affiliated to Dr. NTR UHS, Vijayawada. It 3 offers undergraduate, Post graduate, Ph.D Scholar programmes for Nursing. Narayana College of Nursing also been recognized for merits like India education excellent award 2014, one among the top 10 promising nursing colleges in India 2017, marked the best nursing college in south India by IAA in 2018, certificates of international accreditation by IAO and Grand jury award by education world in 2019-20.

About the Department

Obstetric and Gynaecological Nursing department aim is to focus on the care of women during the child bearing years. It prepares the students with the knowledge, skill and attitude to function as nurse midwives and to provide comprehensive care to the normal and high risk mothers during antenatal, intranatal and postnatal period including the care of newborns. The department has an art infrastructure, well equipped simulation lab; strong team of faculty to offers best teaching learning experiences.

Key Highlights

- ❖ Introduction to EMDR
- ❖ Definition, History and Goals of EMDR
- ❖ Action and principles of EMDR
- ❖ Indications, side effects and Guidelines of EMDR
- ❖ Protocols and procedure of EMDR
- ❖ Phases of EMDR
- ❖ Advantages and disadvantages of EMRD
- ❖ Role of nurse in EMRD

Certificate distribution

All Registered participants will be awarded with "Certificate of Participation"

Day - 1

08:00 am - 08:10 am	Pre Test	All Participants
08:11 am - 08:30 am	Inauguration	
08:31 am - 08:45 am	Introduction	Dr. Indira. A Principal, NCON
08:30 am - 09:30 am	Tea Break	
09:31 am - 10:15 am	Objective and Importance of Knowledge on C. Obstetrics	Ms. T. Usha Kiran Dept. of OBG
11:15 am - 12:00 am	Shoulder Dystocia	Prof. A. Viji
12:00 am - 12:15 am	Quiz	Dept. of OBG
12:15 am - 01:00 am	Cord Presentation & Prolapse	Mrs. G. Aruna Assistant Professor
02:00 am - 02:45 am	Breech Vaginal Delivery	Mrs. T. Usha Kiran Associate Professor
02:45 am - 03:00 am	Short Video Session	
03:00 am - 03:45 am	Post Partum Haemorrhage	Ms. D. Revathi Assistant Professor
03:45 am - 04:00 am	Quiz	
04:00 am - 04:45 am	Theory application in OBG Nursing practice I Yr. M.Sc (N) Student	Ms. Sravathi,
04:45 am - 05:00 am	Group activity	

Day - 2

09:00 am - 09:30 am	Recap of content	Day 1
09:30 am - 10:15 am	Shoulder dystocia Management	Prof. A. Viji Dept. of OBG
10:15 am - 10:30 am	Tea Break	
10:30 am - 11:15 am	Management Protocol for Emergencies in Clinical Obstetrics	MS. Megline Assistant Professor
11:15 am - 12:00 am	Breech Vaginal Delivery Maneuver	Mrs. T. Usha Kiran Asso Prof
12:00 am - 12:15 am	Group Activity	
12:15 am - 01:00 am	Obstetric shock	Ms. D. Revathi Assistant Professor
02:00 am - 02:30 am	Recent research priorities in clinical obstetrics	Ms. Pallavi II Yr. M.Sc (N)
02:30 am - 03:00 am	Mock drill	
03:00 am - 03:30 am	Prize / Certificate distribution	
03:30 am - 04:00 am	Post test and Feed Back	
04:00 am - 04:30 am	Vote of thanks	
04:30 am - 05:00 am	Prayer and National Anthem	

DYBamy
Principal
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A. S. Jai
Principal
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Chinthareddypalem, Nellore - 524 003.

Students

DEPARTMENT OF COMMUNITY HEALTH NURSING

**Value Added Course on
Innovations in psychotherapy**



[Signature]
Principal

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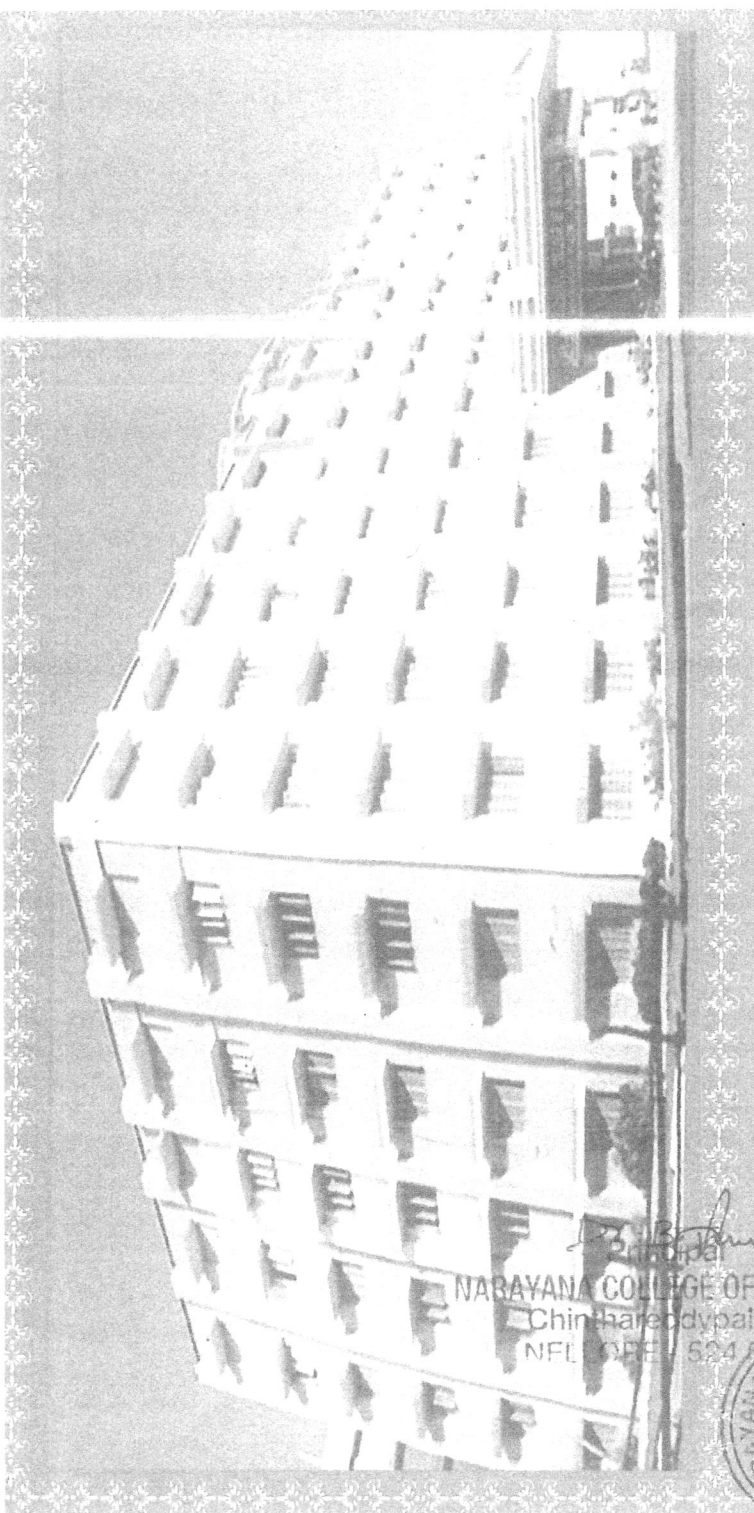
Date: 05-02-2020 & 06-02-2020

Time: 08:00 am - 05:00 pm

Venue: Seminar Hall, NCON.

[Signature]
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About Narayana College of Nursing

Introduction: Narayana College of Nursing was established under the aegis of Dr. Narayana. P, by Narayana educational society in the academic year of 2002-03 with the vision of off spring's world class nurses through provision of conducive environment of learner's choice functioning within its scope of practice. The institution is approved by Indian Nursing council and affiliated to Dr. NTR UHS, Vijayawada. It offers undergraduate, Post graduate, Ph.D Scholar programmes for Nursing. Narayana College of Nursing also been recognized for merits like India education excellent award 2014, one among the top 10 promising nursing colleges in India 2017, marked the best nursing college in south India by IAA in 2018, certificates of international accreditation by IAO and Grand jury award by education world in 2019-20.

About the Department

The aim of department is to provide highest quality in mental health care to mentally ill patients by training the nursing students to be outstanding psychiatric nurses, nurse educators and nurse researchers in psychiatric nursing sector who are bound to be culturally sensitive, empathetic, morally, ethically and socially committed to fulfill their career and promote personal growth and well-being. The department has an art infrastructure, well equipped simulation lab, strong team of faculty with diverse specialization in research development offers best teaching learning experiences.

Key Highlights


- ❖ At the end of the program, Participants will be able to
- ❖ Newer therapies in individual psychotherapy
- ❖ Diverse therapies in behaviour therapy
- ❖ Assorted techniques in couple therapy
- ❖ Identify the psychotherapies for short term duration
- ❖ Classification of psychotherapies for long term duration
- ❖ Apply the psychotherapies for life time related events

Certificate distribution

All Registered participants will be awarded with "Certificate of Participation"

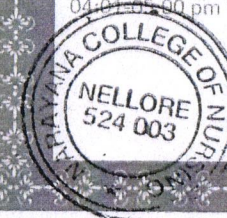
Day - 1

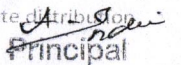
08:00-08:10 am	Pre Test	All participants
08:11-08:30 am	Prayer Song	III Year B.Sc (N)
08:31-08:45 am	Welcome Song	III Year B.Sc(N) Students
08:45-09:10 am	Welcome Address	Mrs. S. Suchitra, Asst. Prof.
09:11-09:45 am	Lamp Lighting	All the Dignitaries
09:46-10:00 am	Introduction	Dr. Indira. S, Principal, NCON
10:00-10:15 am Tea Break		
Seassion - I Individual Psychotherapy		
10:16-10:35 am	Acceptance & Commitment, Attachment Psychotherapy	Mrs. T. Lalitha, Asso Prof.
10:36-10:45 am	Autogenic Psychotherapy	Mrs. S. Syamala II M.Sc (N) Student
10:46-11:15 am	Compassion Focused, Dialectical, behavior, Diadactic Psychotherapy	Mrs. Anjani Devi. N Assistant Professor
11:16-11:50 am	Emotion Focused, Eye Movement Desensitization and Reprocessing therapy	Mrs. K. Nathiya Asso. Prof.
Session - II Behaviour Therapy		
11:51-12:00 pm	Holotropic breath work therapy	Mrs. T. Chandana I M.Sc (N) Student
12:01-12:45 pm	Mindfulness based cognitive therapy, core process psychotherapy	Mrs. P. Smitha Professor
12:46-01:00 pm	Mindfulness based stress reduction psychotherapy	Ms. R. Mounika I M.Sc (N) Student
01:00-02:00 pm Lunch		
02:01-02:30 pm	Motivational Enhancement Therapy	Mrs. S. Shabhana, Asst. Prof.
02:31-03:00 pm	Relapse Prevention Therapy	
03:01-03:15 pm	Stress Inoculation Therapy	Ms. M. Jyothi, II M.Sc (N)
03:16-03:45 pm	Cognitive behavior therapy	Ms. Deepa, Asst. Prof.
03:46-04:15 pm	Logo therapy	Dr. Rajeswari. H
04:16-04:30 pm	Gestalt Therapy	Professor & HOD
04:31-05:00 pm	Summary	Vice Principal, NCON


Dr. B. Anand
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Day - 2

09:00-09:30 am	Collaborative couple therapy, Development model of couple therapy, Gottman method of couple therapy	Ms. S. Shabana, Asst Prof
09:31-10:00 am	Imago relation couple therapy, Relational life therapy, Relationship Enhancement therapy	Dr. Rajeswari. H Vice Principal, NCON
10:00-10:15 am Tea Break		
Seassion - IV Family Therapy		
10:16-10:50 am	Family attachment, Family system, Filial therapy	Ms. S. Shabana, Asst Prof
10:51-11:05 am	Parent child interaction therapy	Mrs. M. Jyothi, II M.Sc (N)
11:06-11:25 am	Satire transformation system therapy	Ms. K. Deepa Asst Prof
Session - V Short Term Psychotherapy		
11:26-12:25 pm	Coherence therapy, Intensive short - term dynamic psychotherapy, Interpersonal psychotherapy, Solution focused brief therapy	Prof. P.M. Smitha
12:26-01:00 pm	Trauma focused cognitive behavior therapy	Ms. R. Mounika I M.Sc (N)
01:00-02:00 pm Lunch		
Session - VI Long Term Psychotherapy		
02:01-02:30 pm	Affirmative therapy, Gender Awareness therapy, Feminist therapy	Mrs. S. Suchitra Asst Prof
02:31-02:45 pm	Multicultural therapy	Ms. T. Chandana I M.Sc (N)
02:46-03:15 pm	Divorce counseling, Grief counseling, Sex Therapy	Mrs. Anjani Devi. N Asst Prof
03:16-03:30 pm	Addiction counseling	Ms. Syamala, II M.Sc (N)
03:31-03:45 pm	Post Test	All participants
03:46-04:00 pm Tea Break		
04:01-05:00 pm	Valedictory function - Prayer song, Welcome Song, Report of the programme, Feedback, Certificate distribution, Vote of Thanks,	




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Value Added Course on PAIN MANAGEMENT IN LABOR



Date: 18-10-2019 to 19-10-2019

Time: 09:00 am - 06:00 pm

D. Rajani
Principal
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A. Indira
Principal
NARAYANA COLLEGE OF NURSING
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Aim

To equip nursing students with the knowledge and skills necessary to provide effective pain management for patients in labor.

Objectives

1. To understand the physiological and psychological aspects of pain during labor.
2. To explore various pain management techniques, including pharmacological and non-pharmacological approaches.
3. To enhance skills in assessing pain levels and responding to patients' needs.
4. To promote effective communication strategies with patients and families regarding pain management options.

Course Outcomes

By the end of the course, participants will be able to:

1. Describe the mechanisms of pain associated with labor.
2. Identify and implement appropriate pain management strategies for laboring patients.

Target Group: I Post Basic B.Sc. Nursing

Total Allotted Hours: 16

Expert Member: Dr. Vasundhra R., Principal, Rich College of Nursing

Evaluation Method: Objective assessment

Grade score:

75 % - A

61%-75% -B

50%-60% -C

<50% -Fail

PROGRAM SCHEDULE

DATE	TOPICS	SESSION & DURATION
18.10.2019	Introduction to Labor Pain	F.N
	Pain Assessment	(9:00 A.M. to 1:00 P.M.)
	Physiology of Labor	A.N
	Pharmacological Pain Management	(2:00 P.M. to 6:00 P.M.)
19.10.2019	Non-Pharmacological Pain Management	F.N
	Support Systems	(9:00 A.M. to 1:00 P.M.)
	Laboring Positions and Mobility	A.N
	Intrapartum Pain Management	(2:00 P.M. to 6:00 P.M.)
	Protocols	

D. Vasundhra R.
Principal

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A. Indira
Principal

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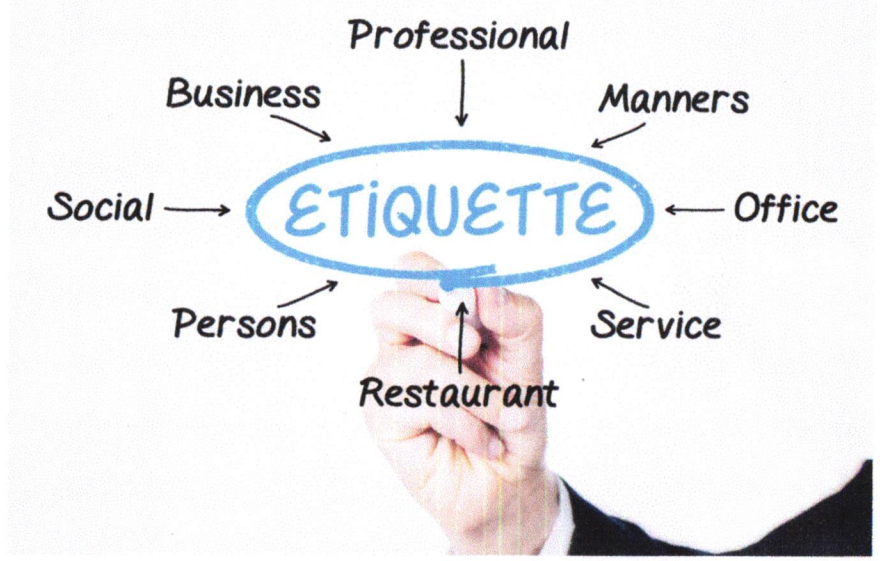


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Value Added Course on Etiquette in Nursing



Date: 02-10-2019 to 03-10-2019

Time: 09:00 am - 06:00 pm

D. R. Raju
Principal

A. Indira
Principal

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Aim

To enhance nursing students' understanding of professional etiquette and communication skills essential for effective nursing practice.

Objectives

1. To define and understand the principles of etiquette in nursing and healthcare settings.
2. To explore the importance of professional communication with patients, families, and colleagues.
3. To develop skills for maintaining professionalism in various nursing contexts.
4. To encourage self-reflection on personal attitudes and behaviors that influence professional relationships.

Course Outcomes

By the end of the course, participants will be able to:

1. Articulate the principles of nursing etiquette and their relevance in clinical practice.
2. Demonstrate effective communication skills with patients and healthcare team members.

Target Group: II B.Sc. Nursing

Total Allotted Hours: 16

Expert Member: Dr. S. Hemlatha, Assistant Professor, SVIMS College of Nursing

Evaluation Method: Objective assessment

Grade score:

- 75 % - A
- 61%-75% -B
- 50%-60% -C
- <50% -Fail

PROGRAM SCHEDULE

DATE	TOPICS	SESSION & DURATION
02.10.2019	Communication Skills	F.N
	Patient Interaction	(9:00 A.M. to 1:00 P.M.)
	Cultural Competence	A.N
	Professional Appearance and Conduct	(2:00 P.M. to 6:00 P.M.)
03.10.2019	Handling Difficult Situations	F.N
	Ethics and Accountability	(9:00 A.M. to 1:00 P.M.)
	Feedback and Self-Reflection	A.N
	Summary	(2:00 P.M. to 6:00 P.M.)

D. S. Hemlatha
Principal

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A. Indira
Principal

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Value Added Course on DRUG ADMINISTRATION



Date: 06-09-2019 to 07-09-2019

Time: 09:00 am - 06:00 pm

D.V. S. Anji
Principal

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A. Indira
Principal

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Aim

To equip nursing students with the knowledge and skills necessary for safe and effective drug administration in clinical practice.

Objectives

1. To understand the principles of pharmacology and the pharmacokinetics of medications.
2. To learn the different routes of drug administration and their implications.
3. To develop competencies in calculating dosages accurately and administering medications safely.
4. To emphasize the importance of patient education and communication in drug administration.

Course Outcomes

By the end of the course, participants will be able to:

1. Explain key pharmacological concepts related to drug administration.
2. Demonstrate the correct techniques for administering medications via various routes.
3. Accurately calculate medication dosages based on patient-specific factors.

Target Group: I B.Sc Nursing students.

Total Allotted Hours: 16

Expert Member: Mr. V. Bhopal Chandra, Associate Professor, NMCH

Evaluation Method: Objective assessment


Grade score:

- 75 % - A
61%-75% -B
50%-60% -C
<50% -Fail

PROGRAM SCHEDULE

DATE	TOPICS	SESSION & DURATION
06.09.2019	Introduction to Pharmacology	F.N
	Pharmacokinetics	(9:00 A.M. to 1:00 P.M.)
	Pharmacodynamics	A.N
	Routes of Drug Administration	(2:00 P.M. to 6:00 P.M.)
7.09.2019	Dosage Calculations	F.N
	Safe Practices in Drug	(9:00 A.M. to 1:00 P.M.)
	Administration & Medication Safety	
	Administration Techniques	A.N
	Summary and feedback	(2:00 P.M. to 6:00 P.M.)


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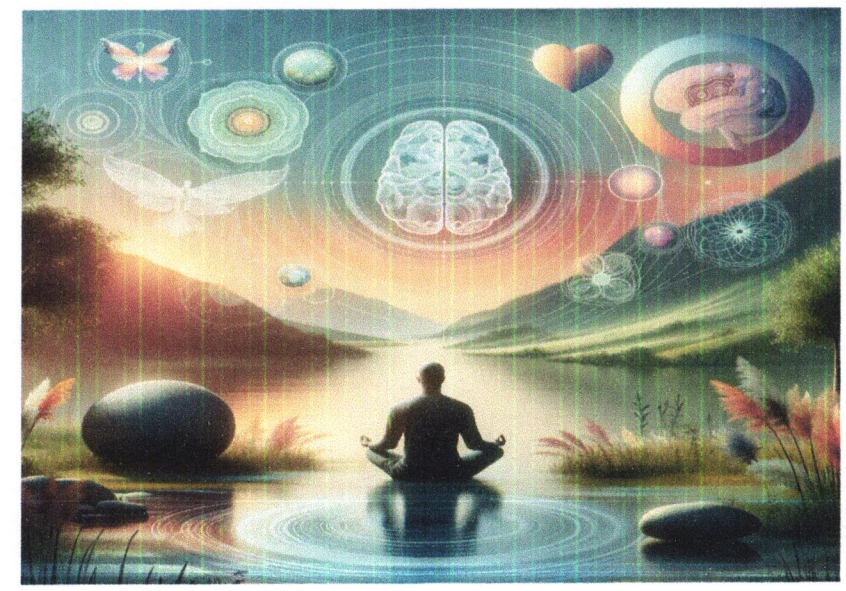


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Value Added Course on SELF AWARENESS AND WELLNESS PRACTICES



Date: 26-08-2019 to 27-08-2019

Time: 09:00 am - 06:00 pm

Dr. B. Anuradha
Principal

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Nellore - 524 003

A. S. Indira
Principal

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Aim:

To cultivate self-awareness and promote wellness practices among nursing students, enhancing their personal and professional development.

Objectives:

1. To provide an understanding of self-awareness and its importance in nursing practice.
2. To teach wellness practices that contribute to physical, mental, and emotional health.
3. To develop skills for self-reflection and personal growth.
4. To explore the relationship between self-awareness, wellness, and effective patient care.

Course Outcomes:

By the end of the course, participants will be able to:

1. Articulate the concepts of self-awareness and its relevance in nursing.
2. Implement wellness practices in their daily lives to enhance well-being.

Target Group: I B.Sc. Nursing

Total Allotted Hours: 16

Expert Member: Mr. Deepak Suwalka M. Sc. Nursing (Mental Health Nursing) Rama College of Nursing

Evaluation Method: Objective assessment

Grade score:

75 % - A


61%-75% -B


50%-60% -C

<50% -Fail

PROGRAM SCHEDULE

DATE	TOPICS	SESSION & DURATION
26.08.2019	Overview of Wellness	F.N
	Developing Wellness Strategies	(9:00 A.M. to 1:00 P.M.)
	Stress Management Techniques	A.N
	Creating a Personal Wellness Plan	(2:00 P.M. to 6:00 P.M.)
27.08.2019	Cultural Competence	F.N
	Wellness Practices for Sustained Health and Mental Health Awareness	(9:00 A.M. to 1:00 P.M.)
	Team Building and Support Networks	A.N
	Summary and feedback	(2:00 P.M. to 6:00 P.M.)


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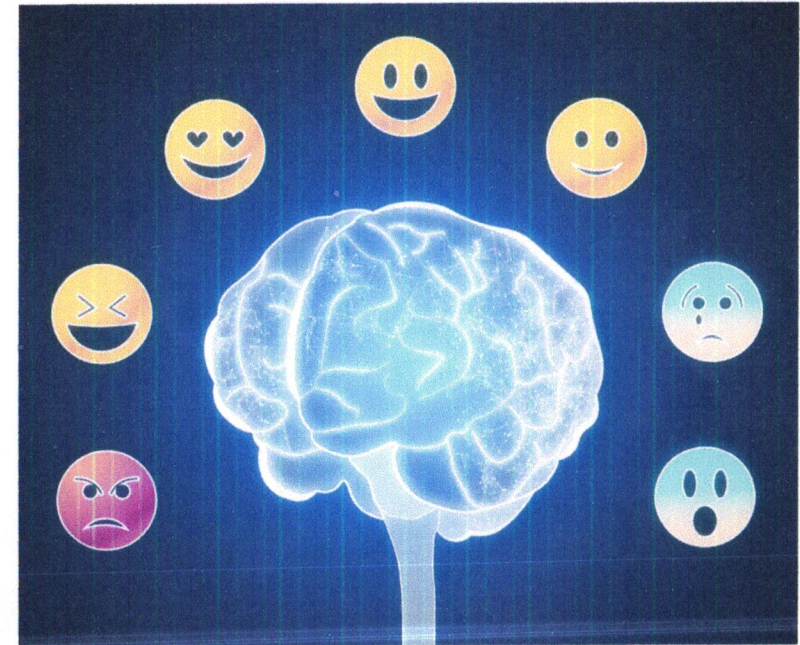


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Value Added Course on EMOTIONAL AWARENESS



Date: 12-07-2019 to 13-07-2019

Time: 09:00 am - 06:00 pm

Dr. B. S. Rani
Principal

A. Indira
Principal

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Aim: To enhance students' understanding of emotional awareness and its significance in personal and professional contexts, enabling them to recognize and manage their emotions effectively.

Objectives:

1. To define emotional awareness and its components, including emotional intelligence and regulation.
2. To explore the relationship between emotional awareness and mental health.
3. To teach techniques for identifying and expressing emotions appropriately.
4. To develop skills for managing stress and building resilience.
5. To promote empathy and interpersonal skills in various healthcare settings.

Course Outcomes: By the end of the course, participants will be able to:

1. Identify their own emotions and understand their impact on behavior and decision-making.
2. Employ strategies for effective emotional regulation in high-stress situations.
3. Demonstrate improved communication skills by expressing emotions constructively.

Target Group: II B.Sc Nursing students.

Total Allotted Hours: 16

Expert Member: Dr. L. Kullai Reddy, Professor in the Department of Psychology at SV University

Evaluation Method: Objective assessment

Grade score:

- 75 % - A
- 61%-75% -B
- 50%-60% -C
- <50% -Fail

PROGRAM SCHEDULE

DATE	TOPICS	SESSION & DURATION
12.07.2019	Introduction to Emotional Awareness	F.N
	Components of Emotional Intelligence	(9:00 A.M. to 1:00 P.M.)
	Identifying Emotions	A.N
	Enhancing Emotional Awareness Skills Practical Exercises	(2:00 P.M. to 6:00 P.M.)
13.07.2019	Managing Emotions	F.N
	Application in Nursing Practice	(9:00 A.M. to 1:00 P.M.)
	Reflection and Feedback	A.N
		(2:00 P.M. to 6:00 P.M.)

D.V. Reddy
Principal

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A. Indira
Principal

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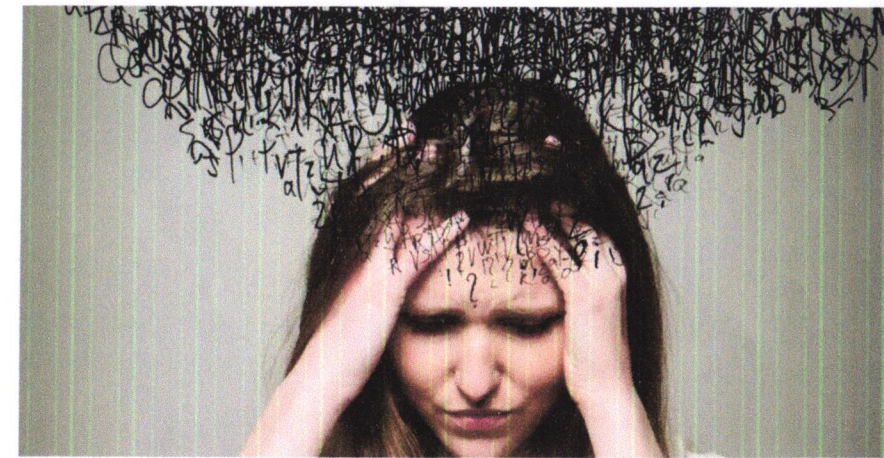


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Value Add Course on Trauma Informed Care



Date: 14-06-2019 to 15-06-2019

Time: 09:00 am - 06:00 pm

Dr. R. Srinivas
Principal
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Chinthareddypalem,
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A. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem
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Aim: To nursing students with a comprehensive understanding of trauma and its effects, enabling them to deliver compassionate and effective care to individuals who have experienced trauma.

Course Objectives:

1. To educate students about the prevalence and impact of trauma in various populations.
2. To introduce the principles of trauma-informed care, including safety, trustworthiness, and empowerment.
3. To develop skills for recognizing trauma-related behaviors and responses in patients.
4. To enhance communication skills that promote supportive interactions with individuals affected by trauma.
5. To encourage the integration of trauma-informed practices into clinical settings and everyday nursing care.

Learning Outcomes: By the end of the course, students will be able to:

1. Identify the signs and symptoms of trauma in patients and their potential impacts on health.
2. Apply the principles of trauma-informed care in patient interactions and treatment planning.
3. Demonstrate effective communication strategies that foster trust and safety.

Target Group: II M.Sc. Nursing, II Post Basic B.Sc. Nursing, III B.Sc. Nursing

Total Allotted Hours: 16

Expert Member: Mr. Sathesh S, Emergency Medical Technician, NMCH

Evaluation Method: Objective assessment

Grade score:

75 % - A

61%-75% -B

50%-60% -C

<50% -Fail

PROGRAM SCHEDULE

DATE	TOPICS	SESSION & DURATION
14.06.2019	Introduction to Trauma-Informed Care	F.N
	Understanding Trauma	(9:00 A.M. to 1:00 P.M.)
	Principles of Trauma-Informed Care	A.N
	Recognizing Signs of Trauma	(2:00 P.M. to 6:00 P.M.)
15.06.2019	Effective Communication Strategies	F.N
	Implementing Trauma-Informed Practices	(9:00 A.M. to 1:00 P.M.)
	Self-Care for Healthcare Providers	A.N
	Summary and feedback	(2:00 P.M. to 6:00 P.M.)

Dr. Anuj
Principal
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A. Sindika
Principal
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e-mail : narayana_nursing@yahoo.co.in website : www.narayanannursingcollege.com

COURSE CONTENT

VALUE ADDED COURSE (2019-2020)

COURSE TITLE: EMERGENCIES IN CLINICAL OBSTETRICS

DATE:16.03.2020 AND 17.03.2020 DURATION: 16 HOURS

OBJECTIVES :

- Enlist the objectives and importance of clinical obstetrics
- Definition of shoulder dystocia
- Explain cord prolapsed and presentation
- Describe obstetric shock

COURSE CONTENT-DAY 1

Time	Event	Resource person
8.00am- 8.30 am	Inauguration	
8.31am-8.40am	Pretest	Dr.Indira.AM.Sc(N) Principal, Narayana college of Nursing
8.40am-1pm	<ul style="list-style-type: none">• Introduction• Objective and Importance of Knowledge on C. Obstetrics• Shoulder Dystocia• Quiz• Cord Presentation and Prolapse	Mrs.ProfV.Kumari Department of Obstetrics and Gynecology Narayana College of Nursing Mrs. Viji.AM.Sc(N) Associ.Prof Department of Obstetrics and Gynecology
1pm-2 pm	Lunch Break	Mrs.P. Latha M.Sc(N) Prof HOD, Department of Obstetrics & Gynecology Nursing Narayana college of Nursing
2pm-5pm	<ul style="list-style-type: none">• Cord Presentation and Prolapse• Breech Vaginal Delivery• Short Video Session• Post Partum Haemorrhage• Quiz	Ms.Revathi.D Assoc.Professor Narayana College of Nursing

Dr. B. Anuraj
Principal
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A. Anuraj
Principal
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e-mail : narayana_nursing@yahoo.co.in website : www.narayanannursingcollege.com

	<ul style="list-style-type: none"> • Theory Application in OBG Nursing Practice • Group activity • Post Test 	<p>Mrs. Usha Kiran Assoc. Professor Department of Obstetrics and Gynecology Narayana College of Nursing</p> <p>Mrs. Mejlin Bose M.Sc(N) Asso. Prof Narayana college of Nursing</p> <p>Ms. Sravanthi, MSc (N) I yr Narayana College of Nursing</p>
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COURSE CONTENT-DAY 2

Time	Event	Resource person
8.00am- 8.30 am	Inauguration	
8.31am-8.40am	Pretest	
8.45am-1pm	<ul style="list-style-type: none"> • Recap of content -Day1 • Shoulder dystocia - Management • Management Protocol for Emergencies in Clinical Obstetrics • Breech Delivery - Manoeuvre • Obstetrical shock • Recent research priorities in clinical obstetrics • Group activity 	<p>Mrs. Vijji. AM. Sc(N) Associ. Prof Narayana college of Nursing Mrs. Usha Kiran Assoc. Professor Narayana College of Nursing</p>
1pm-2 pm	Lunch Break	
2pm-5pm	<ul style="list-style-type: none"> • Mock drill • Prize/Certificate distribution • Feed back • Post Test 	<p>Ms. Pallavi M. Sc(N) II Year Narayana College of Nursing</p> <p>Ms. Revathi. D Assoc. Professor Narayana College of Nursing</p>

Dr. B. Anjani
Principal

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☎ 0861-2317969 Extn. 2484
 2317968 Extn. 2484
 Fax : 0801-2311308

COURSE CONTENT

VALUE ADDED COURSE (2019-2020)

COURSE TITLE : INNOVATIONS IN PSYCHOTHERPAY

DATE: 05.02.2020 TO 06.02.2020

DURATION: 16 HOURS

OBJECTIVES :

- Discuss about newer therapies in individual psychotherapy
- Describe divers therapies in behavior therapy
- list out assorted techniques in couple therapy
- identify psychotherapies for short term duration
- List out the classification of psychotherapies for longtime duration
- Apply psychotherapies for lifetime related events

COURSE CONTENT-DAY 1

Time	Event	Resource person
8.00am- 8.30 am	Inaguration	Mrs.T.Lalitha Prof Sree Narayana nursing college Mrs.S.Syamala Asst.professor, Narayana college of Nursing Mrs.Anjani Devi.N, Asst.professor, Narayana college of Nursing Mrs.Suchitra M.Sc(N) Asst.Professor Sree Narayana College of Nursing MrsT.Chandana Narayana college of Nursing Mrs.P.Smitha, professor Narayana college of Nursing Ms. R.Mounika M.Sc(N)
8.31am-8.40am	Pertest	
8.41am-1pm	Acceptance&Commitment, Attachment Psychotherapy Autogenic Psychotherapy Compassion Focused, Dialectical Behavioral, Dyadic developmental Psychotherapy Emotion Focused, Eye Movement Desensitization and Reprocessing therapy Holo tropic breath work therapy Mindfulness based cognitive therapy, Core Process Psychotherapy	
1pm-2pm	Lunch break	
2pm -5.00pm	Mindfulness based Stress reduction	

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	<p>psychotherapy Motivational Enhancement Therapy Relapse Prevention Therapy Stress Inoculation Therapy Cognitive Behavior Therapy Logo Therapy Gestalt Therapy Schema Therapy</p>	<p>Asst.prof Narayana College of Nursing Mrs. B. Kalavathi, Prof Narayana College of Nursing Ms. M. Jyothi M.Sc(N) Asst.prof Narayana College of Nursing Dr. Rajeswari. H, Professor & HOD</p>
COURSE CONTENT -2		
8.00am- 8.30 am	Inaguration	
8.31am-8.40am	Pertest	
8.45am-1pm	<ul style="list-style-type: none"> ❖ Couple therapy ❖ Imago Relationship Therapy (Irt) ❖ Relational Life Therapy ❖ Relationship Enhancement Therapy ❖ Satir Tranformational Systemic Therapy ❖ Introduction ❖ Definition : ❖ History And Development Of Stst: Theory Of The Satir Method ❖ Focusing Areas Of Stst: ❖ Training For Stst <ul style="list-style-type: none"> ○ Limitations Of Stst 	<p>Dr. Rajeswari. H, Professor & HOD Narana College of Nursing Mrs.Suchitra M.Sc(N) Asst.Professor Sree Narayana College of Nursing Ms. Deepa, Asst.Prof Narayana college of Nursing Mrs.Kalavathi, professor Narayana college of Nursing Ms. R.Mounika M.Sc(N) Student Narayana College of Nursing</p>
1pm-2pm	Lunch break	
2pm -5.00pm	<ul style="list-style-type: none"> ❖ Coherence Therapy / Depth-Oriented Brief Therapy ❖ Higher Orders (Beyond The Fifth Order) Are Rarely Involved In Psychotherapy. ❖ Therapy Process ❖ Therapy Process - Steps ❖ Issues Treated With Coherence ❖ Introduction: ❖ Trauma Focused On Cognitive 	

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	<ul style="list-style-type: none">❖ Behavioural Therapy❖ Time Limit And Age❖ Family Session❖ Tf-Cbt Components❖ Emotion Identification And Expression❖ Coping Skills❖ Personnel Safety Skills❖ Additional Information❖ Types Of Long- Term Therapies❖ Affirmative Therapy❖ Terminologies❖ Tips For Affirmative Therapists❖ Post test	
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VALUE ADDED COURSE

PAIN MANAGEMENT IN LABOR (VAC-MHN4)

DATE:18.10.2019 TO 19.10.2019

COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2 hours	Introduction to Labor Pain <ul style="list-style-type: none">• Overview of labor pain: physiological and psychological aspects.• Types of pain experienced during labor (e.g., visceral, somatic).	Lecture Method
2.	2 hours	Pain Assessment <ul style="list-style-type: none">• Techniques for assessing pain in laboring women.• Understanding the pain scale and its application.• Factors influencing pain perception during labor.	Lecture cum discussion method
3.	2 hours	Physiology of Labor <ul style="list-style-type: none">• Stages of labor and associated pain mechanisms.• Hormonal influences on pain and coping mechanisms.• The role of the nervous system in pain perception.	Group Learning
4.	3 hours	Pharmacological Pain Management <ul style="list-style-type: none">• Overview of analgesics and anesthetics	Discussion

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		<p>used in labor.</p> <ul style="list-style-type: none"> • Indications, contraindications, and administration routes. • Side effects and management of medications. 	
5.	3 hours	<p>Non-Pharmacological Pain Management</p> <ul style="list-style-type: none"> • Techniques such as breathing exercises, relaxation, and guided imagery. • The use of hydrotherapy, massage, and heat/cold therapy. • The role of emotional support and continuous labor support. 	Lecture Method
6.	2 hours	<p>Support Systems</p> <ul style="list-style-type: none"> • The importance of support from partners, family, and healthcare providers. • Strategies for encouraging active participation of support persons. 	Interactive Learning
7.	2 hours	<ul style="list-style-type: none"> • Laboring Positions and Mobility • Discussion of various labor positions and their effects on pain management. • Encouraging mobility during labor for pain relief. 	Lecture cum discussion method

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VALUE ADDED COURSE

Etiquette in Nursing (VAC-MSN4)

DATE: 02.10.2019 TO 03.10.2019

COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2 hours	Understanding Professional Etiquette <ul style="list-style-type: none"> • Definition and significance of etiquette in nursing. • The role of etiquette in patient care and interprofessional relationships. 	Lecture Method
2.	2 hours	Communication Skills <ul style="list-style-type: none"> • Verbal and non-verbal communication techniques. • Active listening and its importance in nursing practice. • Strategies for effective communication with patients, families, and colleagues. 	Lecture cum discussion method
3.	2 hours	Patient Interaction <ul style="list-style-type: none"> • Building rapport with patients and families. • Respecting patient privacy and confidentiality. • Addressing patients with dignity and respect. 	Group Learning
4.	3 hours	Cultural Competence	Discussion

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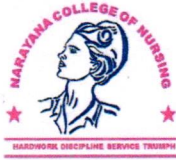
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		<ul style="list-style-type: none"> • Understanding cultural diversity and its impact on patient care. • Strategies for providing culturally sensitive care. • The importance of recognizing and respecting cultural differences in healthcare settings. 	
5.	3 hours	Professional Appearance and Conduct <ul style="list-style-type: none"> • Dress code and grooming standards in nursing. • Maintaining a professional demeanor in various settings. • The impact of first impressions on patient trust and confidence. 	Lecture Method
6.	2 hours	Handling Difficult Situations <ul style="list-style-type: none"> • Strategies for managing challenging interactions with patients and families. • Techniques for de-escalating conflicts. • Addressing complaints and providing effective solutions. 	Interactive Learning
7.	2 hours	<ul style="list-style-type: none"> • Ethics and Accountability <ul style="list-style-type: none"> • Understanding ethical principles in nursing practice. • The nurse's role in advocating for patients. • Maintaining accountability and responsibility in patient care. 	Lecture cum discussion method

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VALUE ADDED COURSE

DRUG ADMINISTRATION (VAC-CHN3)

DATE:06.09.2019 TO 7.09.2019

COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2 hours	Introduction to Pharmacology <ul style="list-style-type: none"> • Definition and importance of pharmacology in nursing. • Overview of drug classifications and therapeutic uses. 	Lecture Method
2.	2 hours	Pharmacokinetics <ul style="list-style-type: none"> • Key concepts: absorption, distribution, metabolism, and excretion (ADME). • Factors affecting drug pharmacokinetics. 	Lecture cum discussion method
3.	2 hours	Pharmacodynamics <ul style="list-style-type: none"> • Mechanisms of drug action. • Understanding drug interactions and side effects. 	Group Learning
4.	3 hours	Routes of Drug Administration <ul style="list-style-type: none"> • Overview of various routes: oral, intravenous, intramuscular, subcutaneous, topical, and inhalation. • Indications, advantages, and 	Discussion

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		disadvantages of each route.	
5.	3 hours	Dosage Calculations <ul style="list-style-type: none"> Principles and formulas for calculating dosages. Practice problems for accuracy in dosage calculations. 	Lecture Method
6.	2 hours	Safe Practices in Drug Administration & Medication Safety <ul style="list-style-type: none"> Understanding the “Five Rights” of medication administration: right patient, right drug, right dose, right route, right time. Identifying potential medication errors and prevention strategies. 	Interactive Learning
7.	2 hours	Administration Techniques <ul style="list-style-type: none"> Step-by-step procedures for administering medications via various routes. Demonstrations of techniques (e.g., injections, oral medications). 	Lecture cum discussion method

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VALUE ADDED COURSE
SELF AWARENESS AND WELLNESS PRACTICES (VAC-OBG4)
DATE: 26.08.2019 TO 27.08.2019
COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2 hours	Overview of Wellness <ul style="list-style-type: none"> • Definition of wellness and its dimensions: physical, emotional, social, and spiritual. • The role of wellness in effective nursing practice. 	Lecture Method
2.	2 hours	<ul style="list-style-type: none"> • Developing Wellness Strategies <ul style="list-style-type: none"> • Nutrition and its impact on health and wellness. • Physical activity: Importance and strategies for incorporation into daily life. 	Lecture cum discussion method
3.	2 hours	Stress Management Techniques <ul style="list-style-type: none"> • Identifying stressors and their effects on well-being. • Practical techniques for stress reduction: yoga, deep breathing, and time management. 	Group Learning
4.	3 hours	Creating a Personal Wellness Plan <ul style="list-style-type: none"> • Participants develop individualized wellness plans incorporating self-awareness practices. • Sharing and feedback session to 	Discussion


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		promote accountability and support.	
5.	3 hours	Cultural Competence <ul style="list-style-type: none"> • Exploring the impact of cultural background on self-perception and interpersonal relationships. • Strategies for developing cultural awareness and sensitivity in nursing practice. 	Lecture Method
6.	2 hours	Wellness Practices for Sustained Health and Mental Health Awareness <ul style="list-style-type: none"> • Recognizing signs of mental health issues in oneself and others. • Discussion on the importance of seeking help and resources available for mental health support. 	Interactive Learning
7.	2 hours	Team Building and Support Networks <ul style="list-style-type: none"> • Importance of collaboration and support among peers. • Activities to foster teamwork and create a supportive environment. 	Lecture cum discussion method

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**VALUE ADDED COURSE
EMOTIONAL AWARENESS (VAC-COHN4)
DATE: 12.07.2019 TO 13.07.2019
COURSE CONTENT**

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2 hours	Introduction to Emotional Awareness <ul style="list-style-type: none"> • Definition of Emotional Awareness • Importance of Emotional Intelligence in Nursing • Components of Emotional Awareness: Self-awareness, Self-regulation, Motivation, Empathy, and Social Skills • Emotional Triggers: Understanding personal and environmental factors 	Lecture Method
2.	2 hours	Components of Emotional Intelligence <ul style="list-style-type: none"> • Self-awareness and self-regulation. • Motivation, empathy, and social skills. 	Lecture cum discussion method
3.	2 hours	Identifying Emotions <ul style="list-style-type: none"> • Techniques for recognizing and labeling emotions. • Discussion on emotional triggers. 	Group Learning
4.	3 hours	Enhancing Emotional Awareness Skills Practical Exercises <ul style="list-style-type: none"> ○ Journaling emotions and reflections. ○ Role-playing scenarios to practice empathy and 	Discussion

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		communication	
5.	3 hours	Managing Emotions <ul style="list-style-type: none"> • Strategies for self-regulation. • Coping mechanisms for stress and emotional fatigue. 	Lecture Method
6.	2 hours	Application in Nursing Practice <ul style="list-style-type: none"> • Incorporating emotional awareness in patient interactions. • Case studies on the importance of emotional intelligence in nursing. 	Interactive Learning
7.	2 hours	Reflection and Feedback <ul style="list-style-type: none"> • Group discussions on personal experiences. • Feedback sessions to evaluate learning outcomes. 	Lecture cum discussion method

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VALUE ADDED COURSE

TRAUMA-INFORMED CARE (VAC-MSN3)

DATE: 14.06.2019 TO 15.06.2019

COURSE CONTENT

S.NO	DURATION	CONTENT	TEACHING & LEARNING ACTIVITY
1.	2 hours	Introduction to Trauma-Informed Care <ul style="list-style-type: none">• Definition and importance of trauma-informed care.• Overview of trauma prevalence and its impact on individuals.	Lecture Method
2.	2 hours	Understanding Trauma <ul style="list-style-type: none">• Types of trauma: acute, chronic, complex.• The neurobiological effects of trauma on the brain and body.	Lecture cum discussion method
3.	2 hours	Principles of Trauma-Informed Care <ul style="list-style-type: none">• Safety: Ensuring a safe environment for patients.• Trustworthiness: Building trust with patients through transparency and consistency.• Choice: Empowering patients by offering choices in their care.• Collaboration: Fostering a collaborative relationship between patients and healthcare providers.	Group Learning

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4.	3 hours	<ul style="list-style-type: none"> • Recognizing Signs of Trauma <ul style="list-style-type: none"> • Behavioral and emotional indicators of trauma in patients. • How trauma manifests in different populations (children, adults, elderly). 	Discussion
5.	3 hours	<ul style="list-style-type: none"> • Effective Communication Strategies <ul style="list-style-type: none"> • Techniques for communicating with trauma survivors. • Active listening and empathetic responses. 	Lecture Method
6.	2 hours	<ul style="list-style-type: none"> • Implementing Trauma-Informed Practices <ul style="list-style-type: none"> • Strategies for creating trauma-informed environments in healthcare settings. • Case studies of trauma-informed care in practice. 	Interactive Learning
7.	2 hours	<ul style="list-style-type: none"> • Self-Care for Healthcare Providers <ul style="list-style-type: none"> • Importance of self-care and managing vicarious trauma. • Techniques for self-care and resilience building. 	Lecture cum discussion method

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